







# YOGA

## **CERTIFICATION BOARD (YCB)**

## Classical Yoga

Yoga Professionals | Yoga Institutions/Centres Personnel Certification Bodies



A credible organization established by

## Ministry of Ayush

Government of India

To recognise and certify Yoga Professionals and accredit Institutions, Teaching Classical Yoga around the globe.

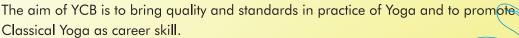
## **About Yoga Certification Board (YCB)**



Yoga Certification Board was set up in March, 2018 by Ministry of Ayush, Government of India for accreditation of Yoga Institutions/ centers and certification of Yoga professionals.

Secretary, Ministry of Ayush, Government of India is the Chairperson of YCB. Joint Secretary, Ministry of Ayush, Government of India is the Vice Chairperson of YCB. Secretariat of YCB is headed by Head of Institution who is the Director of Morarji Desai National Institute of Yoga.

#### Aim





## **Objectives**

- To promote Yoga as means to holistic health and human values.
- To bring uniformity in Yoga courses conducted across India and globe.
- To promote Yoga as a career skill.
- To collaborate with national and international organisations for promotion of Yoga.
- To develop standards & parameters, assess competencies for certification of Yoga Professionals and accreditation of Institutions.
- To motivate Yoga Professionals to attain higher levels of skills and competence.
- To create demand for certified Yoga Professionals and Yoga Institutions.



#### Vision

The vision of YCB is to enable people across the globe to lead a healthy life style and to make Yoga a way of holistic living by ensuring access to quality Yoga trainers.



#### Mission

To define standards for Yoga training for Yoga institutions and Yoga professionals and assist them in achieving the same while imparting Yoga education to society.

## Why YCB?

- Credible organization promoting classical tradition of Yoga.
- Accreditation of Yoga Institutions teaches Classical Yoga.
- Certify Yoga professionals having knowledge of Classical Yoga.
- Catalyst for making Yoga as an organized sector.
- Enables people in selecting suitable Yoga Instructor / Institution / Centre.



## Why YCB accreditation?

- Accreditation of Yoga Institutions as per their capability & credibility.
  - Global identity of accredited institutions through YCB.
    - Brings standards in teaching among Yoga Institutions.
      - Centralised management system for managing certification of Yoga professionals.

## Why YCB certification?

- Recognition of certified Yoga professionals around the globe.
  - Certification of Yoga professionals as per their knowledge and skill.
    - Visa facility to the certified Yoga professionals.
    - Increase caree skill by getting various types of certification.

## Who can get accreditation?

- Yoga Institutions teaching Classical Yoga.
- Institutions which conducts certification examination.

## Who can get certification?

- Students studying in the YCB accredited Institution.
- Students having knowledge and skills in Yoga.

#### **Unique features**

- Certificate includes security features- QR Code, unique number.
- Digital certificates to Yoga professionals.
- Centralized repository of certified Yoga professionals.
- Online platform for application submission and payments/ fees.
- One time enrolment with lifelong validity under each category of certification.
- Centralized platform with linkages and details of all assessing agencies-Personnel Certification Bodies (PrCBs) accreditated Yoga institutions / centers, examination schedule etc.
- Ease of selection of exam centres and date of exam.
- 3-tier security enabled examination process to ensure quality in conduct of exam.
- Video recording of examination process.
- Assessment through empanelled examiners.
- Conduct examination online and offline.





## Certification Under Yoga Education and Training

| Name   | Certificate holder can function as  |
|--|---|
| Yoga Protocol<br>Instructor (YPI)              | Yoga Instructors for teaching basics of Yoga to teach Common Yoga Protocol developed by the Ministry of Ayush for International Day of Yoga. For classes in parks, societies etc., for prevention of diseases and promotion of health.                            |
| Yoga Wellness<br>Instructor (YWI)              | Yoga Instructor to teach Yoga for prevention of illness and promotion of wellness in schools, Yoga studios, work places etc.  |
| Yoga Teacher &<br>Evaluator (YT&E)             | Master Trainers in Yoga educational institutions, Yoga training courses and training programs. He or she can also act as evaluator and assessor of Yoga professionals. Can teach in studios, institutions, colleges/universities/institutions of higher learning. |
| Yoga Master (YM)                               | Shall act as Master Educator/Trainer in Yoga educational programs & skilled professionals can teach, evaluate & assess for all levels & will be a guiding force.  |
| Primary /<br>Elementary School<br>Yoga Teacher | Certified Yoga School teacher to teach Yoga for prevention of illness and promotion of wellness in schools kids.  |
| Higher Secondary<br>School Yoga<br>Teacher     | Certified Yoga School teacher to teach Yoga for prevention of illness and promotion of wellness in schools kids.  |
| Yogasana Coach                                 | Master Trainers in Sports Academy, Yoga training Courses and training programs. He or she can also act as Evaluator and assessor of Yoga professionals. Can teach in stadium, studios, Institutions, colleges/universities/Institutions of higher Learning.       |
| Yoga Volunteer<br>(YV)                         | For promotion of well being of oneself and society at large; assist in conducting group classes for Yoga Volunteer, Yoga classes in the park, Yoga related IDY programs. Can be part of Fit India Movement. Can conduct Yoga break protocol at work places.       |

| Certification under Yoga Therapy      |   |  |  |  |
|---------------------------------------|---|--|--|--|
| Name                                  | Certificate holder can function as  |  |  |  |
| Assistant Yoga<br>Therapist (AYTh)    | Can work under supervision of certified physician or certified Yoga<br>Therapist & Yoga Consultant on specific disorders.               |  |  |  |
| Yoga Therapist<br>(YTh)               | Can work along with certified physician or certified Yoga<br>Consultant to give Yoga Therapy on all disorders.                          |  |  |  |
| Therapeutic Yoga<br>Consultant (ThYC) | Can provide Yoga Therapy for the treatment of diseases in medical setups. He should be a registered medical practitioner in any stream. |  |  |  |

#### Certification of Yoga Volunteers Scheme:-

Yoga Certification Board has launched program on Certification of Yoga Volunteers on International Day of Yoga 2022 under the guidance and support of Ministry of Ayush, Government of India for promotion and propagation of Classical Yoga in India and around the Globe. A scheme of Cash Award and Certificate details of the scheme is as given below:-

#### Incentive to the teacher:

- The teacher will be given incentives @ Rs. 100/- for Yoga Volunteer training and certification per students.
- The teacher will be given incentives @ US\$ for Yoga Volunteer training and certification per students of foreign
- YCB shall pay incentive to the teacher directly in his/her account on submission of report by their institute

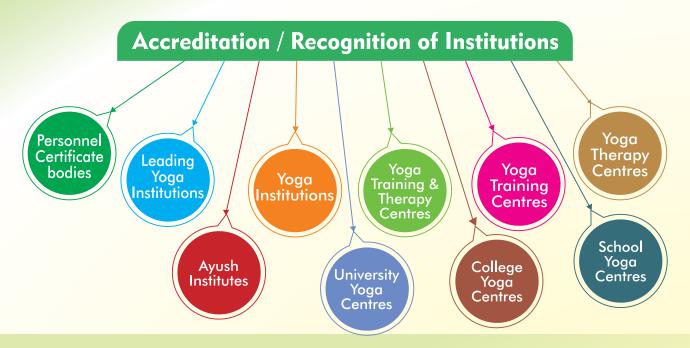
| Best performance award to the teacher and institute: |                                       |                                |  |  |  |
|--|---------------------------------------|--------------------------------|--|--|--|
| S. No  | Particular                            | Award                          | Remarks/Criteria   |  |  |
| 1  | Best performance<br>award to Teacher  | Rs. 10,000/- and a certificate | Teacher providing training and certification of 1,000 or more people |  |  |
| 2  | Best performance award to Institution | Rs. 1,00,000 and a certificate | Certifying 10,000 or more people                                     |  |  |
| 3  | Best performance award to Institution | Rs. 50,000 and a certificate   | Certifying between 50,000 to 99,999 people                           |  |  |
| 4  | Best performance award to Institution | Rs. 25,000 and a certificate   | Certifying between 25,000 to 49,999 people                           |  |  |

The scheme is extended upto 30th September, 2023

#### Fee for Assessment and Certification of Yoga professionals

| Newsof                 | For Indian        | Enrollment Fee For Foreign candidates (in US\$) |                         |                        |  |  |
|------------------------|-------------------|---|-------------------------|------------------------|--|--|
| Name of<br>Certificate | Enrollment<br>Fee | SAARC<br>Countries                              | Developing<br>Countries | Developed<br>Countries |  |  |
| YPI                    | 500               | 10  | 25                      | 50                     |  |  |
| YWI                    | 1000              | 25  | 50                      | 75                     |  |  |
| YT&E                   | 1500              | 35  | 75                      | 100                    |  |  |
| YM                     | 2500              | 50  | 100                     | 150                    |  |  |
| PSSYT                  | 500               | 10  | 25                      | 50                     |  |  |
| HSSYT                  | 1000              | 25  | 50                      | 75                     |  |  |
| AYTh                   | 1500              | 35  | 75                      | 100                    |  |  |
| YTh                    | 2000              | 40  | 80                      | 100                    |  |  |
| ThYC                   | 5000              | 100   | 200                     | 300                    |  |  |
| YC                     | 1500              | 35  | 75                      | 100                    |  |  |
| YV                     | 100               | 5   | 10                      | 10                     |  |  |

<sup>\*</sup> Note: The above mentioned fee is fixed for enrollment for YCB certification. Student has to pay examination fee to the institute as per their fee structure. The enrollment fee is valid till 30 September 2023.



#### Personnel Certification Bodies (PrCBs):

YCB approves organizations who are authorized to conduct assessment of Yoga professionals on behalf of the Yoga Certification Board. Any organization fulfilling the criteria set by YCB can work as PrCB.

#### **Leading Yoga Institutions:**

The Yoga institution which is in existence for minimum of 15 years following a legacy of Yoga Tradition (parampara) and have contributed the body of knowledge in the field of Yoga education / training / therapy for at least 10 years will be termed as Leading Yoga Institutions.

#### Yoga Institutions:

The Yoga institution which has contributed to the body of knowledge in the field of Yoga education / training / therapy for at least 5 years and has produced quality yoga professionals will be termed as Yoga Institutions.

#### Yoga Training and Therapy Centres:

The Yoga institution which is in existence for minimum 4 years and imparting training in Yoga and Therapy and has produced quality of Yoga Teacher and Therapist will be termed as Yoga Training and Therapy Centres.

#### **Yoga Training Centers:**

The Yoga center which is committed towards promotion of health and wellness through Yoga for at least 2 years and has produced quality Yoga professionals will be termed as Yoga Training Center.

#### **Yoga Therapy Centres:**

The Yoga institution which is in existence for minimum 4 years and imparting Yoga training, therapy and has produced quality of Yoga Therapist will be termed as Yoga Therapy Centres.

Ayush Institutes: Ayush Institutes should have at least 02 YCB certified Yoga Instructor and conduct minimum 02 yoga session per week at their premises.

School Yoga Centre (upto 12): The School should have at least 01 certified Yoga Instructor and conduct minimum 02 yoga session per week at their school.

College Yoga Centre: College Yoga Centre which is running Under Graduate and Post Graduate Courses should have at least 02 YCB certified Yoga Instructor and conduct minimum 02 yoga session per week at their college.

University Yoga Centre (UGC recognized): The University should have at least 02 YCB certified Yoga Instructor and conduct minimum 02 yoga session per week at their University

|    | Accreditation Fee for Yoga Institutions        |               |                     |                       |                  |               |       |                       |         |
|----|--|---------------|---------------------|-----------------------|------------------|---------------|-------|-----------------------|---------|
| S. | C Time of Voge                                 |               | <b>National</b> (ir |                       | (in Rs.)         | International |       |                       | (in \$) |
|    | Enrolment<br>Fee                               | Review<br>fee | Total               | Annual<br>Renewal Fee | Enrolment<br>Fee | Review<br>fee | Total | Annual<br>Renewal Fee |         |
| 1  | Personal Certification<br>Bodies*              | 25,000        | 50,000              | 75,000                | 25,000           | ~             | -     | 1                     | -       |
| 2  | Leading Yoga<br>Institutions*                  | 50,000        | 50,000              | 1,00,000              | 25,000           | 500           | 1000  | 1500                  | 500     |
| 3  | Yoga Institutions*                             | 25,000        | 25,000              | 50,000                | 15,000           | 375           | 750   | 1125                  | 250     |
| 4  | Yoga Training<br>Centres*                      | 10,000        | 10,000              | 20,000                | 10,000           | 250           | 250   | 500                   | 125     |
| 5  | Yoga Therapy<br>Centres*                       | 10,000        | 10,000              | 20,000                | 10,000           | 250           | 250   | 500                   | 125     |
| 6  | Yoga Training and<br>Therapy Centre*           | 15,000        | 15,000              | 30,000                | 10,000           | 300           | 300   | 600                   | 150     |
| 7  | UGC recognised<br>Yoga Universities**          | 50,000        | Nil                 | 50,000                | 25,000           | -             | -     | -                     | -       |
| 8  | UGC recognised Yoga<br>Colleges /Yoga Deptt.** | 25,000        | Nil                 | 25,000                | 15,000           | -             | -     |                       | -       |
| 9  | Ayush College /<br>Institutes**                | 15,000        | Nil                 | 25,000                | 15,000           | -             | -     | -                     | -       |
| 10 | School Yoga<br>Centre**                        | 1,000         | Nil                 | 1,000                 | 500              | -             | -     | -                     | -       |
| 11 | College Yoga<br>Centre**                       | 2,000         | Nil                 | 2,000                 | 1,000            | -             | -     | -                     | -       |
| 12 | University Yoga<br>Centre**                    | 5,000         | Nil                 | 5,000                 | 2,500            | -             | -     | -                     | -       |

<sup>\*</sup> Assessment fee actual (travel, branding lodging and honorarium)

## **Empanelment of Observer, Lead Examiner and Examiner**

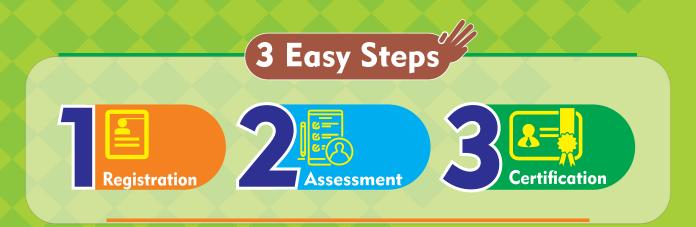
YCB conducts assessment of Yoga professionals throughout the year at different locations around the world.

| Name             | Eligibility   |
|------------------|---|
| Observer         | <ul> <li>Professional with Minimum Postgraduate and atleast 10 years of experience in assessment/accreditation/conducting exam etc.</li> <li>Must not be associated with assessing agency.</li> </ul>   |
| Lead<br>Examiner | <ul> <li>Any Bachelor Degree with minimum 1 year diploma in Yoga or subject related to Yoga with atleast 3 years of experience in teaching &amp; training of Yoga.</li> <li>"OR" Postgraduate (Master) Degree in Yoga or subject related to Yoga with atleast 3 years of experience in teaching &amp; training of Yoga. </li> <li>All the examiners shall have to be Level 3 Certified Yoga professionals.</li> </ul> |
| Examiner         | Any Postgraduate (Master) Degree with 1 year diploma in Yoga or subject related to Yoga with atleast 5 years of experience in teaching & training of Yoga.  "OR"  Postgraduate (Master) Degree in Yoga or subject related to Yoga with atleast 5 years of experience in teaching & training of Yoga.  |

<sup>\*\*</sup> No onsite/online assessment

<sup>\*\*\*</sup> Above accreditation fees for International Yoga Institution is valid upto 30 Sep. 2023

#### How to apply



Accreditation/approval of Institution: Applications are invited from Personnel Certification Bodies (PrCBs), Leading Yoga Institutions, Yoga Institutions, Yoga Training Center, Yoga Therapy Center in prescribed format for accreditation / approval of their institution. Interested institutions shall submit their application along with requisite documents on YCB website any time throughout the year. For more details, please visit YCB website 'www.yogacertificationboard.nic.in'

**Certification** of Yoga Professionals: Interested Yoga professionals can enroll at YCB website for appearing in the examination conducted by YCB accredited/approved PrCBs, Leading Yoga Institutions, Yoga Institutions, Yoga Training Centers, Yoga Therapy Centers. YCB conducts examination throughout the year at different locations. For more details, please visit YCB website 'www.yogacertificationboard.nic.in'

**Empanelment** of Observers, Lead Examiners and Examiners: Applications are invited from the eligible candidates for the empanelment as Lead Examiners, Examiners and Observers in a prescribed format. Interested candidates can apply for empanelment in the requisite format to YCB anytime throughout the year.



-: Contact us :-

#### **Yoga Certification Board**

Ministry of Ayush, Government of India Vishwa Yuvak Kendra,Pt. Uma shankar Dikshit Road,Teen Murti Marg, Chanakyapuri, New Delhi – 110021, India Helpline Phone No.+91-11-42765248