

श्रीपाद नाईक

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MINISTER OF STATE (INDEPENDENT CHARGE) FOR AYURVEDA, YOGA & NATUROPATHY UNANI, SIDDHA AND HOMOEOPATHY (AYUSH) GOVERNMENT OF INDIA



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MESSAGE

Yoga is an integral part of human life. Now a days, it has become everyone's need to stay happy and healthy. A good health can be achieved with the perfect equilibrium of body, mind and intellect. A healthy person can achieve a blissful state and flow of happiness by removing all the miseries of life.

The Hon'ble Prime Minister Shri Narendra Modi Ji had urged the world community to adopt and International Day of Yoga and it is his initiative and effects that has given wings to the India's tradition of Yoga by establishing 21st June as "International Day of Yoga" through United Nationals General Assembly (UNGA). Now Yoga Day is celebrated in more than 190 countries across the globe.

Ministry of AYUSH is continuously striving to take forward this agenda of promotion and development of Yoga and is developing such strategies. Launching of Scheme for Certification of Yoga Professionals and Accreditation of Yoga Institutions/ centres is part of the overall strategies of Ministry of AYUSH. Yoga Certification Board (YCB) has been established by Ministry of AYUSH under the aegis of Morarji Desai National Institute of Yoga to strengthen its initiative.

YCB has formulated guidelines, designed the curriculum, defined assessment process and strategies under the guidance of various Yoga Gurus, academicians, assessment experts etc. This will enable not only institutions to impart knowledge of Yoga systematically around the world but also individuals to master by learning appropriate skills of Yoga and Yogic sciences and make it as a career. I urge all institutions and Yoga aspirants to come together and strengthen the hands of YCB and Ministry of AYUSH in this mission.

I extend my best wishes to Chief Executive Officer, YCB & Director, MDNIY and

YCB team.

rai/c

(Shripad Naik)

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