



योग प्रमाणीकरण मंडल YOGA CERTIFICATION BOARD

मोरारजी देसाई राष्ट्रीय योग संस्थान
Morarji Desai National Institute of Yoga
आयुष मंत्रालय, भारत सरकार
Ministry of AYUSH, Govt. of India



FROM CHIEF EXECUTIVE OFFICER, YCB, AND DIRECTOR, MDNIY



The practice of Yoga is believed to have started with the very dawn of civilization. The science of Yoga has its origin thousands of years ago, long before the first religions or belief systems were born. It embodies unity of mind and body, thought and action, restraint and fulfillment; harmony between man & nature and holistic approach to health and well being.

With time, many schools of thought have evolved in the field of Yoga. Yoga as a potential tool for the youth can deal with stress. Yoga provides training of mind and body to bring emotional balance. It is claimed that Yoga leads to alignment and harmony. The potential of Yoga can be realized under the guidance of a quality Yoga Teachers/ Instructors.

It has been realised that there is no regulatory body to guide the practice and teaching of Yoga or any accreditation body/certification body for ensuring quality and standardisation in Yoga course and to certify Yoga professional based on their competence & skills. Therefore Ministry of AYUSH, Government of India took a noble initiative to establish a Yoga Certification Board (YCB) under the aegis of Morarji Desai National Institute of Yoga (MDNIY).The Board also serves as a platform to amalgamate the practice of Yoga in different schools of thought and define a standard for Yoga Professionals as per need of the time.YCB is the only Government Board in the world.

The Yoga certification Board (YCB) has representation of Heads of Leading Yoga Institutions, experts from the field of Yoga academics, certification, accreditation, legal, commerce, culture, tourism, skill development, policy promotion, etc. This ensures that the certification and accreditation offered through Board is balanced in all respect. YCB is main aim is to promote Yoga as career skill, it also strive to act as catalyst and provide a platform for many job opportunities for certified Yoga professional. The Yoga professionals can opt from various levels of certification offered through YCB as per their competence. The board has adopted world level processes and control mechanism to ensure quality in the certification process of the YCB.

The Yoga institutions/centres are accredited as Leading Yoga Institution, Yoga Institution, Yoga Centres and Yoga Therapy Centres based on the contribution in the field of Yoga and other parameters.YCB also associates with organisation willing to partner with YCB for promotion of Yoga through conducting assessment of Yoga professionals as personal certification Body (PrCB).

Around 1.5 lakh yoga professional are required for AYUSH Health Wellness Centres to be established under 'AYUSHMAN BHARAT' scheme of Ministry of Health & Family welfare and Ministry of AYUSH. For International opening of Yoga through ICCR, YCB is also collaborating with Ministry of HRD for programmes to Study in India (SII) which promotes platform to prospective foreign candidate to start Yoga in India Yoga Institutions.

It is my honour to express my gratitude to Dr. H.R. Nagendra, chancellor, SVYASA University and Yog Rishi Swami Ramdev Ji, President, Patanjali Yoga Peeth, Haridwar, other eminent Gurus and Yoga academicians for guiding us in formulating policies and designing the guidelines for YCB.

I am also grateful to Honourable Minister of State(IC), Ministry of AYUSH, Govt of India, for supporting the initiative. I would also like to thank Secretary, Ministry of AYUSH, Joint Secretary, Ministry of AYUSH and other officials of Ministry of AYUSH for their continuous support & guidance. It is my privilege to be part of the initiative and I urge all the stakeholders to participate in this noble initiative of the Ministry of AYUSH, Govt of India and be a partner in helping India to take lead in the field of Yoga. I also thank the support of my YCB secretarial team for their timely actions.

My best wishes to all the stakeholders.

Dr. Ishwar. V. Basavaraddi
CEO, YCB & Director MDNIY, New Delhi.