# GUIDELINES FOR ACCREDITATION/ RECOGNITION OF YOGA INSTITUTIONS



# योग प्रमाणीकरण मंडल

# YOGA CERTIFICATION BOARD

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# Guidelines for Accreditation/ Recognition of Yoga Institutions under Yoga Certification Board

1. Yoga is essentially a spiritual discipline based on an extremely subtle science, which focuses on bringing harmony between mind and body. It is an art and science of healthy living. The practice of Yoga is believed to have started with the very dawn of civilization. In the Yogic lore, Shiva is seen as the first Yogi or Adiyogi, and the first Guru or Adi Guru. Though Yoga was being practiced in the pre-Vedic period, the great Sage Maharshi Patanjali systematized and codified the then existing practices of Yoga, its meaning and its related knowledge through his Yoga Sutras. After Patanjali, many Sages and Yoga Masters contributed greatly for the preservation and development of the field through their well documented practices and literature.

Present days, Yoga Education is being imparted by many eminent Yoga Institutions, Yoga Colleges, Yoga Universities, Yoga Departments in the Universities, Naturopathy colleges and Private trusts & societies. Many Yoga Clinics, Yoga Therapy and Training Centers, Preventive Health Care Units of Yoga, Yoga Research Centers etc. have been established in Hospitals, Dispensaries, Medical Institutions and Therapeutic setups.

Yoga Certification Board aims to promote Yoga as career skill and accordingly in its objectives included bring synergy, quality and uniformity in teaching of Yoga across the world. Yoga Certification Board accreditate Yoga Institutions/Centres based on their scale of operation, capacity, years of experience. etc. under 4 categories as follows:

- 1.1 Leading Yoga Institution: Yoga Institution which is in existence for minimum of 15 years following a legacy of Yoga Tradition (parampara) and have contributed the knowledge of Yoga in the field of Yoga education/training/therapy for atleast 10 years will be termed as Leading Yoga Institutions. The detailed eligibility criteria/parameters for accreditation/recognition as Leading Yoga Institutions is enclosed.
- 1.2 **Yoga Institutions**: Yoga Institution which has contributed to the body of knowledge in the field of Yoga education/training/therapy for atleast 5 years and have produced quality Yoga professionals will be termed as Yoga Institutions. The detailed eligibility criteria/parameters for accreditation/recognition as Yoga Institutions is enclosed.
- 1.3 Yoga Training Centre: The Yoga centre which is committed towards promotion of health and wellness through Yoga and have served for atleast 2 years and has produced quality Yoga professionals will be termed as Yoga Training Centre. The detailed eligibility criteria/parameters for accreditation/recognition as Yoga Training Centre is enclosed.
- 1.4 Yoga Therapy Centre: Yoga Therapy Centre who is committed to provide theraputic training and knowledge through Yoga and have served for at least 4 years and produced quality of Yoga theraputic professionals will termed as Yoga Therapy Centre. The detailed eligibility criteria / parameters for accreditation / recognition as Yoga Therapy Center is enclosed.
- 2. Role of accreditated Yoga Institutions/ Centres: The accreditated Yoga Institution/Centres shall be playing major role in promotion of the scheme for certification of yoga professionals. These shall be authorized to:

Sl. NO.	Categories of Accreditation	Scope of Work
1	Leading Yoga Institutions	<ul> <li>To run courses equivalent to certifications offered by the YCB for Yoga professionals.</li> <li>To conduct assessment for all the certification offered by the YCB for its own candidates as per YCB guidelines.</li> <li>To conduct CYE program for renewal of certification for all eligible Yoga professionals as per YCB guidelines.</li> <li>To conduct workshops, seminars and conferences etc. for promotion and development of Yoga.</li> </ul>
2	Yoga Institutions	<ul> <li>To run courses equivalent to certifications offered by the YCB for Yoga professionals under these categories:         <ul> <li>Yoga Protocol Instructor,</li> <li>Yoga Wellness Instructor,</li> <li>Yoga Teacher &amp; Evaluator and</li> <li>Yoga Volunteer</li> </ul> </li> <li>To conduct assessment for its own candidates as per YCB guidelines.</li> </ul>
3	Yoga Training Centres	<ul> <li>To run courses equivalent to certifications offered by the YCB for Yoga professionals under these categories:         <ul> <li>Yoga Protocol Instructor,</li> <li>Yoga Wellness Instructor and</li> <li>Yoga Volunteer.</li> </ul> </li> <li>To conduct assessment for its own candidates as per YCB guidelines.</li> </ul>
4	Yoga Therapy Centres	<ul> <li>To run courses equivalent to certifications offered by the YCB for Yoga professionals under these categories</li> <li>Assistant Yoga Therapist,</li> <li>Yoga Therapist and</li> <li>Yoga Volunteer</li> <li>To conduct assessment for its own candidates as per YCB guidelines.</li> </ul>

- **3.** Application and Assessment Process for Accreditation/ Recognition: The application of the Yoga Institutions is invited through Expression of Interest (print media and YCB website).
  - 3.1 The Yoga Institutions interested in YCB accreditation/recognition as Leading Yoga Institution/Yoga Institution/Yoga Training Centre/Yoga Therapy Centre shall submit its application along with requisite documents on YCB website. The Institutions shall have to create their login ID for the purpose.
  - 3.2 The fee for accreditation/recognition is in two parts-application fee and assessment fee. The applicant Yoga Institution/centre shall have to deposit prescribed application fee through payment gateway available on the website. The fee (Application fee and assessment fee), once paid, shall not be refunded under any circumstances. Fee to be paid online on YCB website 'www.yogacertificaitonboard.nic.in'

- 3.3 YCB shall process the application on receipt of application form and application fee. The YCB shall undertake scrutiny of application and documents submitted to check their completeness. The process shall be completed within 1 month of receipt of the application. The applicant shall be informed about the future course of action any deficiency in the application/document or further assessment plan.
- 3.4 The applicant shall have to reply to the queries/non-conformities/gap as conveyed by YCB within 1 month of receipt of the same. On completion of these documents submission, the Institution/Centre shall have to submit the assessing fee to YCB.
- 3.5 YCB nominated assessment team shall first undertake off side (document) review on completion of all formalities of submission of documents.
- 3.6 The findings of the document review by the assessment team shall be shared with the Yoga Institution within 15 working days from date of commencement of assessment.
- 3.7 The Yoga Institution/centre shall reply to the non-conformities, if any.
- 3.8 YCB shall inform proposed date of onsite visit of the Assessment team to the Yoga institution. The Assessment team shall undertake onsite review and the onsite review will begin with opening meeting with the officials of the institute. The Assessment team will start verification of the implementation of the system including the demonstration of the competence after the meeting. A formal closing meeting will be organised at the end of the onsite review and the major nonconformities and concerns will be shared with the applicant.
- 3.9 The applicant can reply to the conformities/ concerns raised within 15 days of completion of onsite review.
- 3.10 The assessment team shall compile onsite documents review report and give weightage mark on defined parameter based on the competence/ conformity to the parameters.
- 3.11 Based on the compiled report of the assessment team, decision shall be taken on granting accreditation/recognition as Leading Yoga Institution/Yoga Institution/ Yoga Training Centre/Yoga Therapy Centre. The Institutions/centres securing 70 or more out of 100 marks shall be granted accreditation/recognition. The Institutions securing less than 70 marks but not less than 50 marks out of 100 can reapply for re-assessment two year.

- 4. **Debarment/suspension/cancellation of LYI/YI/YC/YThC:** The accreditation/recognition of LYI/YI/YC/YTC/YThC shall be debarred/suspended under the following circumstances
  - a) If any false information is provided about the Yoga Certification Scheme by the LYI/YI/YC/YTC/YThC.
  - b) If LYI/YI/YC/YTC/YThC and its personnel make wrong commitment to qualify the candidate or get involved in unfair means in respect to examination and provide assistance to the candidate.
  - c) If any unfair commitment is made to Yoga professional or other institutions on behalf of YCB.
  - d) If LYI/YI/YC/YTC/YThC is unable to conduct examination or activities as per YCB guidelines and syllabus in due time.
  - e) If LYI/YI/YC/YTC/YThC declares the results without approval of YCB.
  - f) If any noncompliance to the requirement of the YCB is observed

The debarment/suspension/cancellation shall be with due notice of 15 days in the event of any of the above. The LYI/YI/YC/YTC/YThC shall not be eligible to conduct any examination for certification during the notice period.

#### 5. Fee Structure:

- 5.1 The fee for approval as Accreditated LYI/YI/YC/YTC/YThC is mainly divided into two parts- application fee and assessment fee. Application fee is to be paid along with submission of application form. Application form will not be accepted in the event of non-receipt of full application fee. YCB will scrutinise the documents submitted along with the application fee for completeness. On confirmation about receipt of all required documents from YCB, the applicant shall have to pay assessment fee. On receipt of full assessment fee, the assessment process shall be initiated by the YCB.
- 5.2 The application fee and assessment fee both are non-refundable. If an organisation does not fulfil the criteria for approval as LYI/YI/YC/YTC/YThC, the organisation can submit the required information and request for re-assessment within 2 years of its application. The organisation shall have to pay a reassessment fee.
- 5.3 After completion of 1 year of approval, the LYI/YI/YC shall submit annual report including audit report and progress report for continuation of approval. The LYI/YI/YC shall have to pay annual fee and also assessment fee, if YCB decides to undertake assessment.
- 5.4 Fee for onsite visit is not the part of assessment fee. The cost of such visit (honorarium, travel, lodging and boarding of experts, etc) is to be paid by the institution on actual basis.
- 5.5 Honorarium of Rs. 5,000/- (Rupees five thousand only) per expert per center per day shall be paid. Onsite visit should not be more than 3 days. Onsite assessment of Yoga Training Center and Yoga Therapy Center has been limited to complete in one day.

## **Accreditation Fee for Yoga Institutions**

in Rs.

S	Type of Yoga	Enrolment		Assessment Fee	Total	Annual
No.	Institution	Fee	Review	Visit fee		renewa
			Fee			l Fee
1	Leading Yoga	50,000	50,000	Actual (Travel, Boarding,	1,00,000	25,000
	Institutions			Lodging and		
				Honorarium,)		
2	Yoga Institutions	25,000	25,000	Actual (Travel, Boarding,	50,000	15,000
				Lodging and		
				Honorarium,)		
3	Yoga Training	10,000	10,000	Actual (Travel, Boarding,	20,000	10,000
	Centres			Lodging and		
				Honorarium,)		
4	Yoga Therapy	10,000	10,000	Actual (Travel, Boarding,	20,000	10,000
	Centres			Lodging and		
				Honorarium,)		

## **Accreditation Fee for Foreign Yoga Institutions**

(in Dollar \$)

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S No.	Type of Yoga	Enrolment		Assessment Fee	Total	Annual
	Institution	Fee	Review	Visit fee		renewal
			Fee			Fee
1	Leading Yoga	1000	2000	Actual (Travel, Boarding,	3000	1000
	Institutions			Lodging and		
				Honorarium,)		
2	Yoga	750	1500	Actual (Travel, Boarding,	2250	500
	Institutions			Lodging and		
				Honorarium,)		
3	Yoga Training	500	500	Actual (Travel, Boarding,	1000	250
	Centres			Lodging and		
				Honorarium,)		
4	Yoga Therapy	500	500	Actual (Travel, Boarding,	1000	250
	Centres			Lodging and		
				Honorarium,)		

- Fee to be paid through YCB online payment gateway.
- The total amount is excluding from the visit fee. The institution will bear the expenditure towards Travel, Boarding & Lodging and Honorarium to the expert apart from total fee.
- Effective date of the implementation of revised fee may be 03.08.2019

6. **Assessment team composition:** The team for assessment for accreditation/recognition of Yoga Institutions/Centres is as follows:

S. no.	Level of Accreditation	Team Composition
1	Leading Yoga Institutions	Yoga Expert
		Assessment Expert/ Accreditation Expert
		• Administrative expert (optional)*
2	Yoga Institutions	Yoga Expert
		Assessment Expert/ Accreditation Expert
		• Administrative expert (optional)*
3	Yoga Training Centres	Yoga Expert
		Assessment Expert/ Accreditation Expert
		• Administrative expert (optional)*
4	Yoga Therapy Centres	Yoga Expert
		Assessment Expert/ Accreditation Expert
		• Administrative expert (optional)*

#### 7. Validity of accreditation:

S. no.	Level of Accreditation	Validity period
1	Leading Yoga Institutions	Ten (10) years
2	Yoga Institutions	5 (Five) years
3	Yoga Training Centres	3 (Three) years
4	Yoga Therapy Centres	4 (Four) years

- 7.1 The Accreditated Leading Yoga Institution/Yoga Institutions/Yoga Training Centre Yoga therapy centre shall submit the annual report including the audit report and progress report w.r.t the implementation of the YCB certification program in the format prescribed by YCB every year. The report / progress shall be subjected to scrutiny by the YCB.
- 7.2 The YCB reserves the right to conduct assessment(s) of the Institution/Centre as and when required during the period of accreditation.
- 8. Fee for certification of students of the accreditated Yoga Institutions / Centres:

The candidates of these Accreditated Institutions/Centres shall have to enroll with YCB directly or through their accreditated Yoga Institute/Centre on its central registry portal. The enrolment fee shall be paid to the YCB which is onetime fee per level and is valid for life long. The examination fee shall be charged by the accreditated Yoga Institutions/Centres. The Yoga Institutions/Centres shall charge a minimum fee as prescribed by the YCB. The Yoga Institutions/Centres may prescribe their own examination fee for conducting YCB exam. The successful candidates shall be issued Certificate and ID card with unique number by the YCB.

#### **Weightage Chart for Assessment of Yoga Institutions**

#### **Qualifying Criteria:**

#### **Leading Yoga Institutions:**

The organization needs to meet the following criteria to be taken up for assessment under the head of Leading Yoga Institution

- The Yoga Institution is a legal entity
- The Yoga Institution should have the legacy of Yoga tradition
- Minimum 15 years of existence in the field of Yoga
- Minimum 10 years of experience in conducting Yoga education / training/ therapy courses
- Should have produced minimum 500 institutionally qualified yoga professionals at the time of applying.
- Willing to conduct Continuing Yoga Education program of Yoga Certification Board, after it is recognised by the YCB.

#### **Yoga Institution**

The organization needs to meet the following criteria to be taken up for assessment under the head of Yoga Institution

- The Yoga Institution is a legal entity
- The Yoga institution should have minimum 5 years of experience in conducting Yoga education / training courses.
- The Yoga institution should have produced at least 100 institutionally certified Yoga professionals/ teachers at the time of applying.

#### **Yoga Training Centre**

The organization needs to meet the following criteria to be taken up for assessment under the head of Yoga Training Centre

- The Yoga centre is a legal entity
- The centre should have minimum two years of experience in conducting Yoga training courses.

#### **Yoga Therapy Centre**

The organization needs to meet the following criteria to be taken up for assessment under the head of Yoga Training Centre

- The Yoga centre is a legal entity
- The centre should have minimum four years of experience in conducting Yoga Therapy Courses.

### Criteria for Accreditation/ recognition of Leading Yoga Institutions

### **Eligibility criteria:**

- The Yoga institution should have the legacy of Yoga tradition (parampara).
- The Yoga institution should be registered under Societies Act, 1860 or Trusts Act, 1882 or central/ state legislative acts.
- The Yoga institution should have minimum 15 years of existence in the field of Yoga.
- The institution should have minimum 10 years of experience in conducting Yoga education / training/ therapy courses.
- The Yoga institution should have produced minimum 500 institutionally qualified yoga professionals at the time of applying.
- The Yoga institution should be willing to conduct Continuing Yoga Education program of Yoga Certification Board, after it is accreditated by the YCB.
- The Yoga institution should have sufficient infrastructure facilities, faculty and staff for conducting different yoga courses and examination for different levels as proposed by YCB from time to time as listed below:

S. No.	Head	Standard required
A	Infrastructure and other facilities	
A.1	Space	• The Institution should have minimum 2 acres of land and built up area of minimum 15000 sq ft. However the area criterion may be relaxed for institutions located in metros and hilly areas.
A.2	Infrastructure	<ul> <li>Class rooms – minimum six which can accommodate students with space of 6 sq feet per student.</li> <li>Halls for demonstration and practice of Yoga with minimum of 18 sqft space per student.</li> <li>Space for practice of Shat karma with required equipments with standard hygienic conditions.</li> <li>A meditation hall.</li> <li>The rooms should be properly ventilated.</li> <li>Wash rooms, dressing rooms and drinking water facility.</li> <li>Office of head of the institution.</li> <li>An administrative block for managerial / support staff.</li> <li>Adequate faculty / staff rooms.</li> <li>Canteen facility in the campus.</li> <li>A conference hall / auditorium.</li> <li>Hostel / residential facility for residential programs.</li> </ul>
A.3	Learning Resources	<ul> <li>The Institution should have a library with access to minimum 5000 books and journals.</li> <li>Adequate and appropriate goods and equipments like mats, PA system, computers etc should be available.</li> </ul>
A.4	Environment	<ul> <li>The environment of the campus of the Institution should be conducive for Yoga teaching and learning process.</li> <li>Institution should preferably have provision for renewable energy and natural water harvesting.</li> </ul>
A.5	Safety arrangement	There should be a medical room with required staff for handling medical emergencies.

S. No.	Head	Standard required
		• The building and all the civil construction should be inclusive.
В	Teaching faculty	
B.1	Teaching faulty /	Minimum teaching faculty and qualifications:
	Instructors/ trainers	• Head of the Institution:
	and their qualification and competencies	An eminent Yoga Guru/ master having contributed for the
	and competencies	promotion and development of Yoga under Guru Shishya
		parampara (substantiated by documentary evidence) with
		minimum 15 years of experience in the field of Yoga or topic
		related to Yoga OR
		L-4 certified Yoga Professionals with minimum of 15 years of
		experience
		OR
		An eminent Yoga Professional with PhD in Yoga or topic
		related to Yoga with minimum 15 years of Teaching experience
		in Yoga
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		• Two L-3 certified Yoga Professionals with minimum of 8 years
		of experience in the field of Yoga or topic related to Yoga
		OR
		Two Yoga Professional with post graduate degree with diploma
		in Yoga of minimum 1 year duration from recognized
		university or from an Institute of national repute or recognized
		by YCB with minimum experience of 8 years in the field of Yoga
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		• Four L-3 certified Yoga Professionals with minimum of 5
		years of experience in the field of Yoga or topic related to Yoga
		OR
		Four Yoga professional with post graduate degree with diploma
		in Yoga of minimum 1 year duration from recognized
		university or from an Institute of national repute or recognized by YCB with minimum experience of 5 years in the field of
		Yoga.
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		Eight Yoga teachers/ instructors-
		L-2 certified Yoga Professionals with minimum of 3 years of
		experience in teaching yoga
		OR
		Graduate with diploma in Yoga of minimum 1 year duration.
		• Two faculty for allied sciences like Anatomy & Physiology,
		psychology, diet and nutrition, Ayurveda, Education etc. with a
		post graduate with PhD in related subject or Post graduate and
		diploma in related subject of at least 1 year duration.
B.2	System to upgrade the	• The Institution should have a system whereby the teaching staff
	skill and	is provided opportunity to upgrade their skill and keep updated
	competencies of	with latest developments in the field.

S. No.	Head	Standard required
	teachers/ instructors	
С	Curriculum and Syllabus	
C.1	Courses offered in the Institution	• The Institution may offer courses in Yoga for different duration and level but the Institution aspiring to be certified through YCB should be running courses equivalent to any or some or all of the levels / types of certification undertaken by the Yoga Certification Board.
C.2	Syllabus and courses	<ul> <li>The courses and the respective syllabus should be available in public domain – on its notice board and preferably on its website.</li> </ul>
C.3	Work plan	• The institution should have a work plan for delivery of syllabus covering training / demonstration/ practice.
C.4	Time table for dissemination of the course	There should be a time table for each course and record maintenance system.
D	Management structure and policies	
D.1	Communication process	<ul> <li>The Institution should have its dedicated website to display all the information on its website for knowledge and information of the aspiring candidates.</li> <li>There should be personnel responsible for hosting the information on its website on timely basis and also for electronic communication like emails and sms as and when necessary.</li> </ul>
D.2	Admission process	<ul> <li>There has to be fair and transparent admission process for the courses offered by the institution.</li> <li>This process should be well documented and also displayed on its website.</li> <li>The document regarding the process followed in the previous year should be available for audit.</li> </ul>
D.3	Feedback process	The Institution must have a well established system for getting feedback from the students and other stakeholders, and may need to produce documents when requested.
D.4	Complaint handling procedure	<ul> <li>The Institution should have established procedure for any person to lodge a complaint and its re-dressal by the competent authority.</li> <li>There should be an officer designated for the purpose.</li> </ul>
D.5	Results of the institution and its review	The Institution should have a system for assessment and evaluation of its candidates, timely declaration of results, and system for remedial action, if needed.
D.6	Management, accounting and record keeping	<ul> <li>There should be a dedicated head of the institution.</li> <li>The vision, values, philosophy, objectives and commitments of the organization should be well defined, approved and documented.</li> <li>There should be a management structure in place to execute vision, mission and goals of the Institution.</li> <li>There should be a separate administrative unit to take care of</li> </ul>

S. No.	Head	Standard required
		<ul> <li>the implementation of statutory administrative decisions and other regulatory requirements of the institution.</li> <li>There should be well defined internal quality assurance and monitoring mechanism.</li> <li>There should be a policy and procedures for retention and accounting of students' records.</li> <li>There should be a system for book keeping and maintenance of accounts.</li> </ul>
D.7	Financial resources stability	<ul> <li>The Yoga Institution should have records of the financial resources and there should be commitment about stability / continuing financial support for running the courses.</li> <li>Records of details of the Grant-in-aid, if any and other funds received should be maintained.</li> <li>Statutory Audit report of at least for last 3 years should be maintained.</li> </ul>

# Eligibility Criteria for Accreditation/recognition of Yoga Institution

- The Yoga institution should be registered under Societies Act, 1860 or Trusts Act, 1882 or central/ state Legislative Acts.
- The Yoga institution should have minimum 5 years of experience in conducting Yoga education / training courses.
- The Yoga institution should have produced atleast 100 institutionally certified Yoga professionals/ teachers at the time of applying.
- The Yoga institution should have sufficient infrastructure facilities, faculty and staff as listed below:

S.	Head	Standard required
No.	Infrastructure and	
A	other facilities	
A.1	Space	The institution should have minimum space including the built up area of atleast 1 acres
A.2	Infrastructure	<ul> <li>Class rooms – minimum four in number with space to accommodate the students with 6 sq feet of space per student.</li> <li>Hall for demonstration and practice of Yoga with minimum of 18sq ft space per student.</li> <li>Space for practice of Shat karma with required equipments with standard hygienic conditions.</li> <li>A meditation hall.</li> <li>The rooms should be properly ventilated.</li> <li>Wash rooms, dressing rooms and drinking water facility.</li> <li>Office of head of the institution.</li> <li>An administrative block for managerial / support staff.</li> <li>Adequate faculty / staff rooms.</li> </ul>
A.3	Learning Resources	<ul> <li>The Institution should have a library with access to minimum 2000 books and journals.</li> <li>Adequate and appropriate goods and equipments like mats, PA system, computers etc should be available.</li> </ul>
A.4	Environment	<ul> <li>The environment of the campus of the institution should be conducive for the teaching and learning process.</li> <li>The institution should preferably have provision for renewable energy and natural water harvesting.</li> </ul>
A.5	Safety arrangement	<ul> <li>There should be a medical room with required staff for handling medical contingency.</li> <li>The building and all the civil construction in the Yoga should be inclusive.</li> </ul>
В	Teaching faculty	
B.1	Teaching faulty / Instructors/ trainers	Minimum teaching faculty and qualifications:  • Head of the Institution:
	and their qualification and competencies	An eminent Yoga Guru/ master having contributed for the promotion and development of Yoga under Guru-shishya parampara (substantiated by documentary evidence) with minimum 15 years of experience in the field of Yoga or topic

		related to Yoga
		OR
		L-4 certified Yoga Professionals with minimum of 15 years of
		experience
		OR
		An eminent Yoga Professional with PhD in Yoga or topic related to Yoga with minimum 15 years of Teaching experience in Yoga
		<ul> <li>One L-3 certified Yoga Professionals with minimum of 8 years of experience in the field of Yoga or topic related to Yoga OR</li> </ul>
		One Yoga Professional with post graduate degree with diploma in Yoga of minimum 1 year duration from recognized university or from an Institute of national repute or recognized by YCB with minimum experience of 8 years in the field of Yoga
		<ul> <li>Four L-3 certified Yoga Professionals with minimum of 5 years of experience in the field of Yoga or topic related to Yoga OR</li> </ul>
		Four Yoga professional with post graduate degree with diploma in Yoga of minimum 1 year duration from recognized university or from an Institute of national repute or recognized by YCB with minimum experience of 5 years in the field of Yoga.
		<ul> <li>Four Yoga teachers/ instructors –</li> <li>L-2 certified Yoga Professionals with minimum of 3 years of experience in teaching yoga</li> </ul>
		OR
		Graduate with diploma in Yoga of minimum 1 year duration.
		• One faculty for allied sciences like Anatomy & Physiology, psychology, diet and nutrition, Ayurveda, Education etc. with a post graduate with PhD in related subject or Post graduate and diploma in related subject of minimum 1 year duration.
B.2	System to upgrade the skill and competencies of teachers/instructors	• The institution should have a system whereby the teaching staff is provided opportunity to upgrade their skill and keep updated with latest development in the field.
С	Curriculum and Syllabus	
C.1	Courses offered in the	The institution may offer courses in Yoga for different duration
	Institution	and level but the Institution aspiring to be certified through YCB should be running courses equivalent to any or some of the levels / types of certification undertaken by the Yoga Certification Board.
C.2	Syllabus and courses	• The courses and the respective syllabus should be available in public domain – on its notice board and preferably on its website.
C.3	Work plan	• The Institution should have a work plan for delivery of syllabus covering training / demonstration/ practice.
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C.4	Time table for dissemination of the course	There should be a time table for each course, and a record maintenance system.
D	Management structure and policies	
D.1	Communication process	<ul> <li>The Institution should have its dedicated website to display all the information on its website for knowledge and information of the aspiring candidates.</li> <li>There should be personnel responsible for hosting the information on its website on timely basis and also for electronic communication like emails and sms as and when necessary.</li> </ul>
D.2	Admission process	<ul> <li>There should be fair and transparent admission process for the courses offered by the institution.</li> <li>This process should be well documented and also displayed on its website.</li> <li>The document regarding the process followed in the previous year should be available for audit.</li> </ul>
D.3	Feed back process	The Institution must have a well established system for getting feedback from the students and other stakeholders and may need to produce documents when requested.
D.4	Complaint Handling procedure	<ul> <li>The Institution should have established procedure for any person to lodge a complaint and its re-dressal by the competent authority.</li> <li>There should be an officer designated for the purpose.</li> </ul>
D.5	Results of the institution and its review	The Institution should have a system for assessment and evaluation of its candidates, timely declaration of results, and system for remedial action, if needed.
D.6	Management, Accounting and Record keeping	<ul> <li>There should be a dedicated head of the institution.</li> <li>The vision, values, philosophy, objectives and commitments of the organization should be well defined, approved and documented.</li> <li>There should be a management structure in place to execute vision, mission and goals of the institution.</li> <li>There should be a separate administrative unit to take care of the implementation of statutory administrative decisions and other regulatory requirements of the institution.</li> <li>There should be well defined internal quality assurance and monitoring mechanism.</li> <li>There should be a policy and procedures for retention and accounting of students' records.</li> <li>There should be a system for book keeping and maintenance of accounts.</li> </ul>
D.7	Financial resources Stability	<ul> <li>The Yoga Institution should have records of the financial resources and there should be commitment about stability / continuing financial support for running the courses.</li> <li>Records of details of the Grant-in-aid, if any and other funds received should be maintained.</li> </ul>

	<ul> <li>Statutory Audit report of at least for last 3 years should be</li> </ul>
	maintained.

# **Eligibility Criteria for accreditation/ recognition of Yoga Training centres**

- The Yoga training centre should be registered under Societies Act, 1860 or Trusts Act, 1882 or central/ state Legislative Acts.
- The centre should have minimum two years of experience in conducting Yoga training courses.
- One of the courses offered by the centre should be aligned to the level-1 syllabus of the Yoga Certification Board.
- The centre should be maintaining standards with respect to teaching staff, infrastructure, learning environment and management as prescribed below:

S. No.	Head	Standard required
A	Infrastructure and l	Environment
• S • T • S • C		<ul> <li>with minimum space of 18 sqft per student.</li> <li>Space for practice of Shat karma with required equipments and standard hygienic conditions.</li> <li>The room(s) should be properly ventilated.</li> <li>Sufficient toilet and drinking water facility to be provided.</li> </ul>
A.2	Learning Resources	<ul> <li>The Centre should have a library with access to minimum 500 books and journals.</li> <li>Adequate and appropriate goods and equipments like mats, PA system, computers etc should be available.</li> </ul>
A32	Environment	• The environment of the campus of the centre should be conducive for Yoga teaching and learning process.
A.4	Safety arrangement	There should be arrangement for handling medical contingency.
В	<b>Teaching Staff</b>	
B.1	Teaching faculty / Instructors/ trainers and their qualification & competencies	<ul> <li>Minimum teaching faculty and qualifications</li> <li>One L-3 certified Yoga Professionals with minimum of 5 years of experience in the field of Yoga or topic related to Yoga</li></ul>
		• The staff should have sound knowledge of the syllabus and should have the skill to demonstrate the Yoga asanas and kriyas.

С	Curriculum and Syllabus	
C.1	Syllabus and courses	The courses and the respective syllabus offered by the centre should be available in public domain – on its notice board and preferably on its website.
C.2	Work plan	The centre should have a work plan for delivery of syllabus covering training / demonstration/ practice.
C.3	Time table for dissemination of the course	There should be a time table for each course and record maintenance system.
D	Management structu	re and policies
D.1	Communication process	<ul> <li>The centre should have its dedicated website to display all the information on its website for knowledge and information of the aspiring candidates.</li> <li>There should be personnel responsible for hosting the information on its website on timely basis and also for electronic communication like emails and sms as and when necessary.</li> </ul>
D.2	Admission process	<ul> <li>There has to be fair and transparent admission process for the courses offered by the centre.</li> <li>This process should be well documented and also displayed on its website.</li> <li>The document regarding the process followed in the previous year should be available for audit.</li> </ul>
D.3	Feed back process	The centre must have a well established system for getting feedback from the students and other stakeholders and may need to produce documents when requested.
D.4	Complaint handling procedure	<ul> <li>The centre should have established procedure for any person to lodge a complaint and its re-dressal by the competent authority.</li> <li>There should be an officer designated for the purpose.</li> </ul>
D.5	Results of the centre and its review	The centre should have a system for assessment and evaluation of its candidates, timely declaration of results, and system for remedial action, if needed.
D.6	Management, Accounting and Record keeping	<ul> <li>There should be a designated head of the organization.</li> <li>There should be a person responsible to take care of the implementation of statutory administrative decisions and other regulatory requirements of the centre.</li> <li>The centre should have defined objectives and should strive to achieve those.</li> <li>There should be policy and procedures for retention and accounting of students' records.</li> <li>There should be a system for book keeping and maintenance of accounts.</li> </ul>
D.7	Financial resources Stability	<ul> <li>The Yoga centre should have records of the financial resources and there should be a assurance about stability / continuing financial support for running the courses.</li> <li>Statutory Audit report of at least for last 2 years should be maintained.</li> </ul>

#### **ELIGIBILITY CRITERIA FOR ACCREDITATION OF YOGA THERAPY CENTRES**

**Scope:** Yoga Therapy Centre should maintain proper hygienic standards for carrying out the therapeutic practice.

#### **Eligibility:**

- i. The Yoga Therapy Centre should be registered entity under Societies Act or Trust Act or the local Government act approved to establish Yoga Therapy Center.
- ii. The Centre should be conducting Yoga Therapy for at least 4 years.
- iii. The courses offered by the centre should be aligned to the syllabus of the Yoga Certification Board for Assistant Yoga Therapist and Yoga Therapist certification.
- iv. Should be maintaining standards with respect to Teaching staff, infrastructure, learning environment and management as prescribed below:

S. No	Head	Standard required
A	Infrastructure an	d Environment
A.1	Infrastructure	<ul> <li>Atleast one hall for theory class and demonstration or practice with minimum space of 24 sqft. per student and sufficient equipments. The hall should have a capacity of atleast 10 students/ patients.</li> <li>The rooms should either be properly ventilated or are fitted with AC</li> <li>Clean and hygienic toilets and potable drinking water facility</li> <li>One room / space for Head of the Centre and for managerial / support staff with learning resources.</li> </ul>
A.2	Learning Resources	<ul> <li>The learning resources like reference book, guidebooks etc should be available in the centre. These facilities should be readily available for use by the students.</li> <li>Sufficient and appropriate goods and equipments like mats, Public Addressing Systems like mike, etc should be available which are necessary for performing Yoga and related activities.</li> </ul>
A.3	Environment	• The environment of the campus of the Centre should be conducive for Yoga teaching and learning process
A.4	Safety arrangement	• There should be system for handling medical contingency. Centre should have collaboration with nearby hospital having ICU and critical care. Should have availability of personal or on call Ambulance Service.
В	Teaching Staff	
B.1	Teaching staff / Instructors/ trainers	• There should be atleast 2 Yoga Therapist or Yoga Teacher with M.Sc. in Yoga Science.
B.2	Shat Karma Facility	<ul> <li>Temperature regulated R.O. System</li> <li>Ventilated hall for Shat-karma practices</li> <li>Clean and hygienic toilets attached with shat-karma hall (atleast one for 2 students for a batch)</li> <li>There should be proper drainage system</li> <li>Availability of shat-karma kit (plastics, rubber must be avoided and metal and porcelain should be used)</li> </ul>
B.3	Qualification and competencies of teaching staff	• The teaching staff should be well qualified to teach the level they are responsible for. The Yoga teacher should be atleast Post Graduate in Yoga and certified as Therapist.

	The teaching staff may be working either on contract or regular basis.					
С	Curriculum and S					
C.1	Syllabus and Courses	• The Courses and the respective syllabus offered by the centre should be aligned with YCB syllabus and available in public domain displayed on its notice board and preferably on its website.				
C.2	Work Plan	<ul> <li>The centre should have a work plan for delivery of syllabus covering training, demonstration or practice</li> </ul>				
C.3	Time table for dissemination of the course	There should be a time table for the course, record and procedure for ensuring the same is followed				
D	Management struc	cture and policies				
D.1	Communication process	<ul> <li>The centre should have its dedicated website to display all the information on its website for knowledge and information of the aspiring candidates.</li> <li>There should be personnel responsible for hosting the information on its website on timely basis and also to send mails as and when necessary.</li> </ul>				
D.2	Admission process	<ul> <li>There has to be fair and transparent admission process for the courses offered by the Centre.</li> <li>This process should be well documented and also displayed on its website.</li> <li>The document on the process followed in the previous year should be available for audit.</li> <li>There should be some defined procedure and policy for admission process.</li> </ul>				
D.3	Feedback process	The Centre must have a well established system for getting feedback from the students and may need to produce document for the audit of the process available				
D.4	Complaint Handling procedure	<ul> <li>The Centre should have established a procedure for any person to lodge a complaint and its re-dressal by the competent authority.</li> <li>There should be officer designated for the purpose.</li> </ul>				
D.5	Results of the Centre and its review	The Centre should have a system where the results of each courses are reviewed and remedial action taken whenever is needed				
D.6	Management, Accounting and Record keeping	<ul> <li>There should be a designated head of the organization</li> <li>There should be person responsible to take care of the legislative, regulatory requirements of the centre</li> <li>The centre should have defined vision and mission</li> <li>There should be a procedure for retention and accounting of records since inception.</li> <li>There should be a system for record keeping and maintenance of all policies and procedures.</li> </ul>				
D.7	Financial resources Stability	<ul> <li>The Yoga Centre should have records of the financial resources.</li> <li>They should have assurance for stability and continuous financing support for conducting the courses and running the centre.</li> </ul>				





# YOGA CERTIFICATION BOARD Ministry of AYUSH, Govt. of India 68, Ashok Road, New Delhi - 110001

## **Application Form**

For Accreditation/recognition of Yoga Institution/Centre

To apply for Accreditation/recognition of Yoga Certification Board, Ministry of AYUSH, Govt. of India, please complete this application form online on YCB portal.

Before completing this application form Yoga Institution/ Centre should study the accreditation / recognition guidelines of Yoga Institutions carefully. If any clarification is needed, please contact YCB at <a href="mailto:asmt-ycb18@nic.in/ycb18-mdniy@nic.in">asmt-ycb18@nic.in/ycb18-mdniy@nic.in</a>

If additional information is required to be submitted it can be attached at the end.

PAR	Γ – I Ge	neral Information
1	Name of the Institution	
2	Date and Year of establishment	DD/MM/YYYY
3	Legal Registration Details	Registered under Regn. No.
		Date of Regn. Regn. Authority
		Place of Regn
		PAN No. GST No./TAN No.
4	Address of Head / Main Office	
		City PIN State
5	Contact Details	Phone Phone
		E-mail Web
6	Details of the Legacy of Yoga Tradition followed (Applicable for LYI)	
7	Is the Institution willing to conduct Continuing Yoga Education program	
	of Yoga Certification	

	Board? (Yes/ No)	
	(Applicable for LYI)	
8	Related to Objective of	
	the institution	
8.1	Name/s of the Yoga	
	tradition/s followed at	
	the	
	Institution	
8.2	Salient and Outstanding	
	features of the	
	Tradition/s.	
8.3	Provide list of the	
	Authentic and	
	Authoritative	
	Yoga texts of the	
	tradition/s along with the	
	details	
	of these texts in respect	
	of the Language,	
	Commentaries and	
	Translations in other	
	languages, Availability	
	of the original texts and	
	other useful information	
	such as publisher, critical	
2.4	editions, etc.	
8.4	Ultimate Aims and	
	Objectives of Yoga	
	according to these Texts and	
	Traditions followed by the	
	Institution.	
8.5	Steps and Stages	
8.3	_	
	described or suggested on way to	
	reach or attain the	
	ultimate and highest aims	
	and objectives of Yoga	
	as per the tradition.	
9	Related to Teaching	
	Process	
9.1	How is the periodic	
	progress and	
	achievements by	
	the students on the path	
	of Yoga is judged and	
	measured qualitatively	
	and quantitatively and	
	how	
	the records of the	
	progress is maintained?	
9.2	How the Total (100%)	
	Yoga knowledge is	

	imparted to the students, in case the Institute is running various Yoga courses based on these Texts and Traditions?							
10	Details of courses	Under Yoga F	Educa	tion and	<b>Frain</b>	ing		
10	offered, students enrolled	Under Yoga Education and Training       Name of the     No. of     No. of     Year						
	and certified till date.	Course		candidates		qualified		1 cui
	and certified thi date.	Course		olled		candidates	7	
			enn	піец		canataates	•	
		Under Yoga 7	Thera	py		•		•
				•				
	Details of courses offered	Name of the	No.	of		No. of		Year
11.	under any other nomenclatures.	Course candidate enrolled		v	# . A. #			
				1. 1		5		
		enronea						
12	Objective of the		1					
	Institution							
13	Details of activities							
	carried out in the							
	Institution							
14	Whether register in India							
	or abroad.							
15	Country/s of operation							
16	Head of the Institution	Name						
	(Managing trustee /	Designation						
	executive trustee etc.)	Contact detai	ls					
		Email						
17	Primary Contact Person	Name						
		Designation						
		Phone			Мо	bile		
		E-mail			I			
18	Branch Office address	Branch addre	ss:					
	with activities (Mention	Name of conte		erson:				
	all branches)	Designation:	P					
		Contact detai	ls:					
		Email:						
		Activities cari	ried o	ut:				

19	Locations / branches which requires accreditation	Address and phone No.:
20	Details of the constitution and managing body/board / trust / council (Present status)	
21	Accredited by any certified institution	Name of the Accreditating Body: Activities for: Cert. No.: Validity Period:
21	Other Approval(s) from Govt. or Regulatory Bodies, if any	
22	Whether the premise is being used for any other activities? (If yes, Pl. specify)	
23	Are any of the programs conducted in temporary location/s? If yes, provide the details	

# Part-II: Infrastructure and facilities details

1	Ownership Details – land /			
	infrastructure (Own / rented/lease).			
2	Total area of land			
3	Total build up area			
4	Room for head of the centre with WC	No.	Total area	
5	Reception room	Total area		
6	Waiting room	Total area		
7	Room for managerial staff with WC	No.	Total area	
8	Room for Teaching staff			
9	Room for administrative & support staff with WC	No.	Total area	
10	Number of class room	No.	Total area	
11	Number of halls for practical	No.	Total area	
12	Space for Shat Karma	No.	Total Area	
13	Meditation Hall	No.	Total Area	
14	Library and details of facilities in the			
	library (Digital resources, no. of			
	books and journals etc)			
15	Cleansing area	No.	Total area	
16	Changing room	No.	Total area	
17	Library	No.	Total area	
18	Drinking Water facility	No.	Total area	
19	Washroom	No.	Total area	
20	Generator room	No.	Total area	
21	Store room	No.	Total area	
22	Garden / green area	No.	Total area	
23	Meeting room (if more, mention separately)	No.	Total area	
24	Conference room(if more, mention separately)	No.	Total area	
25	Canteen	No.	Total area/	

				capacity	
26	Teaching aids available		hair/table) / Black board / Sn audio visual syste		
27	Hostel / Residential facility		tel in campus/ tie by hostel/ hotels	Туре	Capacity
28	Provision of renewal energy in the campus				
29	Provision of Rain water harvesting				
30	Is the building inclusive (disabled friendly)?				
31	CCTV Camera Surveillance	Locations co	vered		
20	Madical amazana ara	No		Tatal and	I
32	Medical emergency room	No.		Total area	
33	Vehicle	No.		Type / Model	

<sup>\*</sup> Applicant should add more column or attach separate sheet if required.

Part	Ш	-	<b>Staff</b>	<b>Details</b>
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Give details of key Managerial Personnel, all Auditors & Technical / Teaching Experts at the Main Office as well as Branch Office locations.

1	Head of the Institution			Name:					
_					Designation:				
					Office Phone:				
					Mobile No.:				
					Email ID:				
2	Teaching	/ technical staff detail	S						
	Name	Educational	Experience	Designation	Year of experience	Office Phone	Mobile	Email ID	Nature of employment
		Qualification							
2.1									
2.2									
2.3									
3.	Nonteach	ing / nontechnical staf	f	•			•	•	
	Name	Educational Qualification	Experience	Designation	Year of experience	Office Phone	Mobile	Email ID	Nature of employment
3.1									
3.2									
3.3									

I,	the Authorized Representative on behalf of(Name of institution), hereby agree to follow the Terms & Conditions of Yoga Certification	on
Boa	rd (YCB) as well as Rules and Regulations of the Scheme for Certification of Yoga Professionals and Accreditation of Yoga Institutions as laid by YCB and amended from time to time.	

Signature and seal of authorised signatory: \_\_\_\_\_\_\_

Name of the authorised signatory: \_\_\_\_\_\_

Date: \_\_\_\_\_

# **Attach documents as annex:**

(All the Annexure should be marked as serial head followed by number under the head like A.1,A.2...., B.1,B.2 ....)

A	Document relating to the Legacy of Yoga tradition followed (Annexure to be marked as A.1, A.2)
В	Registration Certificate (Annexure to be marked as B.1, B.2)
С	Documentary proof of year of establishment of the Institution. (Annexure to be marked as C.1, C.2)
D	Memorandum of Association / constitution (Annexure to be marked as D.1, D.2)

Е	Policy documents specifying aim, objectives, vision & mission, a logo, an organogram etc and other policy
	related documents(Annexure to be marked as E.1, E.2)
F	Organisation documents defining organisational structure, duties, responsibilities and authorities of the
	management, personnel and its committees (Annexure to be marked as F.1, F.2)
G	Details of the 1 <sup>st</sup> Yoga course conducted by the Institutions ( <i>Annexure to be marked as G.1, G.2</i> )
Н	Document of ownership of the land/ lease deed/ rent agreement (Annexure to be marked as H.1, H.2)
I	Campus plan / Building layout (Annexure to be marked as I.1, I.2)
J	Photographs of rooms, canteen facility, conference room and other infrastructure facilities (Annexure to be
	marked as J.1, J.2)
K	Documentary evidence of staff hired with their details like qualification, experience, role (Annexure to be marked
	as K.1, K.2)
L	Details of the teaching staff (Annexure to be marked as L.1, L.2)
M	Details of non teaching staff (Annexure to be marked as M.1, M.2)
N	Details of courses offered (Brochure, work plan, time table and other details) (Annexure to be marked as N.1,
	N.2)
О	Details of management / administrative staff (Annexure to be marked as O.1, O.2)
P	Details of feed back receiving process (Annexure to be marked as P.1, P.2)
Q	Details of Compliant handling mechanism (Annexure to be marked as Q.1, Q.2)
R	Policy documents regarding conducting assessment, evaluation and declaration of results (Annexure to be marked
	as R.1, R.2)
S	Policy documents regarding retention and accounting of students' records (Annexure to be marked as S.1, S.2)
T	Application Fee of YCB (Annexure to be marked as T.1, T.2)
U	Annual report including audit report for last 3 years (Annexure to be marked as U.1, U.2)
V	Any other document(Annexure to be marked as V.1, V.2)

# DOCUMENTATION and VERIFICATION REVIEW REPORT Onsite Assessment Form (LYI)

_	_		
Da	te:	 	

Name of Company/Organization:

Sl.	Documentation check list and verification	Reference document	Remarks
No.	Documentation check list and verification	name / No.	Kemarks
1.	Legal Status of the firm	name / 140.	
	Legal entity:     Entity as govt. organization or autonomous body     Trust, society, corporate or partnership firm     registered under relevant Trust Act/ Societies     Act/ Companies Act		
	Entity has legacy of Yoga tradition		
	Entity is registered to provide education and conduct the certification / assessment of Yoga Professionals		
	• In case the entity has multiple activities, the entity is registered to conduct certification/ assessment of yoga Professionals		
2.	Infrastructure and office space		
	Office space (rented or owned) – Covered area and build up area		
	• Is the buildup area sufficient to house the personnel/staff and teaching faculties?		
	• Is the infrastructure sufficient to house the staff and carry out the activities of assessment and certification?		
	Is there a secure and safe space for certification process like setting up of question papers, evaluation of answer sheets etc.		

Sl.	Documentation check list and verification	Reference document	Remarks
No.		name / No.	
	Conducive environment for teaching and Safety		
	arrangement		
	Teaching facilities -		
	• Class rooms – minimum six which can		
	accommodate students with space of 6 sq		
	feet per student.		
	Halls for demonstration and practice of		
	Yoga with minimum of 18 sqft space per student.		
	Space for practice of Shat karma with		
	required equipment with standard hygienic conditions.		
	A meditation hall.		
	• The rooms should be properly ventilated.		
	<ul> <li>Wash rooms, dressing rooms and drinking water facility.</li> </ul>		
	Office of head of the institution.		
	<ul> <li>An administrative block for managerial / support staff.</li> </ul>		
	<ul> <li>Adequate faculty / staff rooms.</li> </ul>		
	• Canteen facility in the campus.		
	A conference hall / auditorium.		
	• Learning resources – Library, PA system		
	Hostel / residential facility for residential		
	programs.		
4.	Administrative, Management and		
	Organisational Requirements		
	• Policy documents: logo, its mission, vision,		
	goal and policy document / objective of its		
	activities.		
	Organisation structure:		
	<ul> <li>Defined duties, responsibilities and</li> </ul>		
	authorities of management, certification		

Sl.	Documentation check list and verification	Reference document	Remarks
No.		name / No.	
	personnel and any committee		
	Personnel responsible for following are		
	specified:		
	<ul> <li>Policies and procedures relating to the</li> </ul>		
	operation		
	<ul> <li>Implementation of the policies and</li> </ul>		
	procedures;		
	<ul> <li>Maintaining budget and accounts</li> </ul>		
	<ul> <li>Resource Management - infrastructure,</li> </ul>		
	finance, man power ;		
	<ul> <li>Assessment activities;</li> </ul>		
	<ul> <li>Decisions on certification, including the</li> </ul>		
	granting, record keeping, recertifying,		
	grievance redressal, suspending or		
	withdrawing of the certification;		
	Minimum staff as prescribed in place and are		
	aware of their role		
	• Professor or its equivalent - 1,		
	• Associate Professors or its equivalent - 2,		
	• Assistant Professors or its equivalent - 4,		
	• Yoga teachers/ instructors - 8,		
	Assistant Professors or its equivalent for		
	allied sciences like anatomy, physiology,		
	psychology, diet and nutrition etc - 2		
	Hiring process with competence is well defined		
	Personnel records are maintained and		
	updated updated		
	• System in place to ensure no conflict of		
	interest in assessment process.		
	Confidentiality and impartiality:		
	The organization has defined policy on		
	1 7		

Sl.	Documentation check list and verification	Reference document	Remarks
No.		name / No.	
	confidentiality, impartiality, conflict of		
	interest		
	• The process defined are followed in practice		
	(any evidence for the same		
	• Confidentiality and impartiality clause is		
	included in the out sourcing of services		
	Sufficient housekeeping services available		
5.	Curriculum and syllabus		
	• Courses offered in the Institution		
	<ul> <li>Syllabus and courses</li> </ul>		
	Work plan		
	• Time table for dissemination of the course		
6.	System for Assessment process		
	• The agency has a system - defined steps with		
	timeline for taking up the assessment and the		
	same has been followed		
	• System for administration of exams - issuing		
	of Admit card, attendance sheet, answer sheet		
	management, selection of examiner,		
	observer, Invigilator, evaluation of sheets etc		
	is in accordance with YCB guidelines		
	Nomination of Invigilators:		
	• Defined policy on engagement of		
	invigilators, defined responsibilities, and		
	qualifications of invigilators		
	Policy regarding conflict of interest in  collection of invisible are		
	selection of invigilator Empanelment / nomination of Examiners:		
	<ul> <li>Selection and approval processes for</li> </ul>		
	empanelment of examiners as per guidelines		
	of YCB		
	<ul> <li>Selection of examiner is keeping in view the</li> </ul>		
	languages of examination		
	ianguages of examination		

Sl.	Documentation check list and verification	Reference document	Remarks
No.		name / No.	
	<ul> <li>System for monitoring the performance, reliability of judgment of the examiners</li> <li>System in place of corrective action if deficiencies are found.</li> <li>Policy of conflict of interest of examiner</li> </ul>		
	Rules and Regulations regarding conducting		
	exams:		
	The Rules and Regulations regarding conducting exams shall be well documented detailing each and every step and proof of it being followed		
	System for ensuring transparency in declaration of results:		
	Defined rules and regulations for evaluation of answer sheets, compilation of theory and practical marks and proof of same being followed		
	Guideline, rules and time lines for declaration of results and the gaps observed, if any		
	Remedial action taken, if any		
	Sample re-checking		
	Procedure for rechecking of results		
7.	System for handling Complaints		
	Ease in lodging a complaint		
	<ul> <li>Reliability on complaint handling system</li> <li>Competency or awareness of the designated officer in handling the complaint</li> </ul>		
8.	Financial Stability		
	Financial resource management – timeliness		
	in making payments, banking arrangement		
	Adequate arrangements (e.g. insurance or		

Sl.	Documentation check list and verification	Reference document	Remarks
No.		name / No.	
	reserves) to cover associated liabilities		
1.	Internal Audit and control		
	• Shall have in place internal control		
	mechanism to keep a check on the process		
	followed vis a viz the rules and regulations		
2.	Control of records		
	• Sufficient infrastructure for storage and		
	keeping the records		
	<ul> <li>Provision for back up of data and software</li> </ul>		
Assessi	ment Team:		

<b>1.</b> Name:	Signature:	Date:	
<b>1.</b> Name:	Signature:	Date:	
LYI representative:			
Name:	Signature:	Date:	

# DOCUMENTATION and VERIFICATION REVIEW REPORT (YI) Onsite Assessment Form

Date		
Date	 	 

Name of Company/Organization:

Sl. No.	Documentation check list and verification	Reference document name / No.	Remarks
	Legal Status of the firm		
	• Legal entity: Entity as govt. organization or autonomous body, Trust, society, corporate or partnership firm registered under relevant Trust Act/ Societies Act/ Companies Act		
	Entity is registered to provide education and conduct the certification / assessment of Yoga Professionals		
	• In case the entity has multiple activities, the entity is registered to conduct certification/ assessment of yoga Professionals		
2.	Infrastructure and office space		
	Office space (rented or owned) – Covered area and build up area		
	• Is the buildup area sufficient to house the personnel/staff and teaching faculties?		
	• Is the infrastructure sufficient to house the staff and carry out the activities of assessment and certification?		
	• Is there a secure and safe space for certification process like setting up of question papers, evaluation of answer sheets etc.		
	Is the institute have conducive environment for teaching and safety arrangement?		
	Teaching facilities -  • Class rooms – minimum four which can		

Sl.	Documentation check list and verification	Reference document	Remarks	
No.		name / No.		
	<ul> <li>accommodate students with space of 6 sq feet per student.</li> <li>Halls for demonstration and practice of Yoga with minimum of 18 sqft space per student.</li> <li>Space for practice of Shat karma with required equipment with standard hygienic conditions.</li> <li>A meditation hall.</li> <li>The rooms should be properly ventilated.</li> <li>Wash rooms, dressing rooms and drinking water facility.</li> <li>Office of head of the institution.</li> <li>An administrative block for managerial / support staff.</li> <li>Adequate faculty / staff rooms.</li> <li>Canteen facility in the campus.</li> <li>A conference hall / auditorium.</li> <li>Learning resources – Library, PA system</li> <li>Hostel / residential facility for residential programs.</li> </ul>			
3.	Administrative, Management and Organisational Requirements			
	• Policy documents: logo, its mission, vision, goal and policy document / objective of its activities.			
	Organisation structure:  Defined duties, responsibilities and authorities of management, certification personnel and any committee  Personnel responsible for following are specified:  Policies and procedures relating to the operation  Implementation of the policies and procedures;  Maintaining budget and accounts			34

Sl. No.	Documentation check list and verification	Reference document name / No.	Remarks	
	<ul> <li>Resource Management - infrastructure, finance, man power;</li> </ul>			
	<ul> <li>Assessment activities;</li> </ul>			
	<ul> <li>Decisions on certification, including the granting, record keeping, recertifying,</li> </ul>			
	granting, record keeping, recertifying, grievance redressal, suspending or			
	withdrawing of the certification;			
	Minimum staff as prescribed in place and are aware of			
	their role			
	• Professor or its equivalent - 1,			
	• Associate Professors or its equivalent - 1,			
	• Assistant Professors or its equivalent - 4,			
	Assistant Professors or its equivalent for allied			
	sciences like anatomy, physiology, psychology,			
	diet and nutrition etc - 1			
	Hiring process with competence is well defined			
	Personnel records are maintained and updated			
	System in place to ensure no conflict of interest in			
	assessment process.			
	Confidentiality and impartiality:			
	The organization has defined policy on			
	confidentiality, impartiality, conflict of interest			
	The process defined are followed in practice (any evidence for the same			
	Confidentiality and impartiality clause is included			
	in the out sourcing of services			
	Sufficient housekeeping services available			
4.	Curriculum and syllabus			
	Courses offered in the Institution			
	Syllabus and courses			
	Work plan			
	Time table for dissemination of the course			

l. O.	Documentation check list and verification	Reference document name / No.	Remarks
•	System for Assessment process	nume / 1 (o)	
	• The agency has a system - defined steps with		
	timeline for taking up the assessment and the same		
	has been followed		
	• System for administration of exams - issuing of		
	Admit card, attendance sheet, answer sheet		
	management, selection of examiner, observer,		
	Invigilator, evaluation of sheets etc is in		
	accordance with YCB guidelines		
	Empanelment / Nomination of Invigilators:		
	<ul> <li>Defined policy on engagement of invigilators,</li> </ul>		
	defined responsibilities, and qualifications of		
	invigilators		
	<ul> <li>Policy regarding conflict of interest in selection of</li> </ul>		
	invigilator		
	Empanelment / nomination of Examiners:		
	Selection and approval processes for empanelment		
	of examiners as per guidelines of YCB		
	• Selection of examiner is keeping in view the		
	languages of examination		
	• System for monitoring the performance, reliability		
	of judgment of the examiners		
	• System in place of corrective action if deficiencies		
	are found.		
	<ul> <li>Policy of conflict of interest of examiner</li> </ul>		
	Rules and Regulations regarding conducting exams:		
	• The Rules and Regulations regarding conducting		
	exams shall be well documented detailing each and		
	every step and proof of it being followed		
	System for ensuring transparency in declaration of		
	results:		
	<ul> <li>Defined rules and regulations for evaluation of</li> </ul>		

l. Io.	Documentation check list and verification	Reference document name / No.	Remarks
	answer sheets, compilation of theory and practical		
	marks and proof of same being followed		
	• Guideline, rules and time lines for declaration of		
	results and the gaps observed, if any		
	Remedial action taken, if any		
	Sample re-checking		
	Procedure for rechecking of results		
	System for handling Complaints		
	Ease in lodging a complaint		
	<ul> <li>Reliability on complaint handling system</li> </ul>		
	<ul> <li>Competency or awareness of the designated officer</li> </ul>		
	in handling the complaint		
	Financial Stability		
	<ul> <li>Financial resource management – timeliness in</li> </ul>		
	making payments, banking arrangement		
	Adequate arrangements (e.g. insurance or reserves)		
	to cover associated liabilities		
	Internal Audit and control		
	• Shall have in place internal control mechanism to		
	keep a check on the process followed vis a viz the		
	rules and regulations		
	Control of records		
	• Sufficient infrastructure for storage and keeping		
	the records		
	<ul> <li>Provision for back up of data and software</li> </ul>		

1.	Name:	Signature:	Date:

2. Name: \_\_\_\_\_\_ Date: \_\_\_\_\_\_

YI representative:		
Name:	Signature:	Date:

#### **DOCUMENTATION and VERIFICATION REVIEW REPORT (Yoga Training Center) Onsite Assessment Form**

Date:
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Name	of Company/Organization: Type of A	Accreditation:	Date:
Sl. No.	Documentation check list and verification	Reference document name / No.	Remarks
1.	Legal Status of the firm		
	• Legal entity: Entity as govt. organization or autonomous body, Trust, society, corporate or		
	partnership firm registered under relevant Trust Act/ Societies Act/ Companies Act		
	• Entity is registered to provide education and conduct the certification / assessment of Yoga Professionals		
	• In case the entity has multiple activities, the entity is registered to conduct certification/ assessment of yoga Professionals		

## Infrastructure and office space

- Office space (rented or owned) Covered area and build up area
- Is the buildup area sufficient to house the personnel/staff and teaching faculties?
- Is the infrastructure sufficient to house the staff and carry out the activities of assessment and certification?
- Is there a secure and safe space for certification process like setting up of question papers, evaluation of answer sheets etc.

Is the institute have conducive environment for teaching and safety arrangement?

### Teaching facilities -

- Is minimum one hall for theory class and demonstration/ practice with minimum space of 18 sqft per student?
- Is space for practice of Shat karma with required equipments and standard hygienic conditions?
- Is the room(s) properly ventilated.
- Is sufficient toilet and drinking water facility available?
- One room / space for Head of the Centre and for managerial / support staff.
- Wash rooms, dressing rooms and drinking water facility.
- Office of head of the institution.

Sl. No.	Documentation check list and verification	Reference document name / No.	Remarks
	Adequate faculty / staff rooms.	- 1,01	
	Learning resources – Library, PA system		
2.	Administrative, Management and Organisational Requirements		
	Policy documents: logo, its mission, vision, goal and policy document / objective of its activities.		
	Organisation structure:		
	Defined duties, responsibilities and authorities of management, certification		
	personnel and any committee		
	Personnel responsible for following are specified:		
	Policies and procedures relating to the operation		
	<ul> <li>Implementation of the policies and procedures;</li> </ul>		
	Maintaining budget and accounts		
	o Resource Management - infrastructure, finance, man power;		
	<ul> <li>Assessment activities;</li> </ul>		
	o Decisions on certification, including the granting, record keeping, recertifying,		
	grievance redressal, suspending or withdrawing of the certification;		
	Minimum staff as prescribed in place and are aware of their role		
	• Minimum staff: 1 main Yoga teacher and 1 instructor for each batch of the course.		
	Hiring process with competence is well defined		
	Personnel records are maintained and updated		
	• System in place to ensure no conflict of interest in assessment process.		
	Confidentiality and impartiality:		
	• The organization has defined policy on confidentiality, impartiality, conflict of		
	interest		
	• The process defined are followed in practice (any evidence for the same)		
	• Confidentiality and impartiality clause is included in the out sourcing of services		
	Sufficient housekeeping services available		
3.	Curriculum and syllabus		
	Courses offered in the Institution		
	Syllabus and courses		
	Work plan		
	•	1	

Sl.	Documentation check list and verification	Reference	Remarks
No.		document name /	
		No.	
	Time table for dissemination of the course		
4.	System for Assessment process		
	• The agency has a system - defined steps with timeline for taking up the assessment		
	and the same has been followed		
	• System for administration of exams - issuing of Admit card, attendance sheet,		
	answer sheet management, selection of examiner, observer, Invigilator, evaluation of		
	sheets etc is in accordance with YCB guidelines		
	Nomination of Invigilators:		
	Defined policy on engagement of invigilators, defined responsibilities, and		
	qualifications of invigilators		
	Policy regarding conflict of interest in selection of invigilator		
	Empanelment / nomination of Examiners:		
	• Selection and approval processes for empanelment of examiners as per guidelines of		
	YCB		
	Selection of examiner is keeping in view the languages of examination		
	System for monitoring the performance, reliability of judgment of the examiners		
	System in place of corrective action if deficiencies are found.		
	Policy of conflict of interest of examiner		
	Rules and Regulations regarding conducting exams:		
	The Rules and Regulations regarding conducting exams shall be well documented		
	detailing each and every step and proof of it being followed		
	System for ensuring transparency in declaration of results:		
	• Defined rules and regulations for evaluation of answer sheets, compilation of theory		
	and practical marks and proof of same being followed		
	• Guideline, rules and time lines for declaration of results and the gaps observed, if		
	any		
	Remedial action taken, if any		
	Sample re-checking		
	Procedure for rechecking of results		
5.	System for handling Complaints		
	Ease in lodging a complaint		
	Reliability on complaint handling system		
			41

Sl.	Documentation check list and verification	Reference	Remarks
No.		document name /	
		No.	
	• Competency or awareness of the designated officer in handling the complaint		
6.	Financial Stability		
	• Financial resource management – timeliness in making payments, banking		
	arrangement		
	• Adequate arrangements (e.g. insurance or reserves) to cover associated liabilities		
7.	Internal Audit and control		
	• Shall have in place internal control mechanism to keep a check on the process		
	followed vis a viz the rules and regulations		
8.	Control of records		
	<ul> <li>Sufficient infrastructure for storage and keeping the records</li> </ul>		
	<ul> <li>Provision for back up of data and software</li> </ul>		

<u>Asse</u>	essm	ent	<u>Tea</u>	m:

1. Name:	Signature:	Date:	
2. Name:	Signature:	Date:	
YC representative:			
Name:	Signature:	Date:	

# DOCUMENTATION and VERIFICATION REVIEW REPORT (Yoga Therapy Center) Onsite Assessment Form

Date:

Name of Company/Organization:

Type of Accreditation: SI. Documentation check list and verification Reference Remarks No. document name / No. **Legal Status of the firm** • Legal entity: Entity as govt. organization or autonomous body, Trust, society, corporate or partnership firm registered under relevant Trust Act/ Societies Act/ Companies Act • Entity is registered to provide education and conduct the certification / assessment of Yoga Professionals • In case the entity has multiple activities, the entity is registered to conduct certification/ assessment of yoga Professionals **Infrastructure and office space** 9. • Office space (rented or owned) – Covered area and build up area • Is the buildup area sufficient to house the personnel/staff and teaching faculties? • Is the infrastructure sufficient to house the staff and carry out the activities of assessment and certification? • Is there a secure and safe space for certification process like setting up of question papers, evaluation of answer sheets etc. Is the institute having conducive environment for teaching and safety arrangement? Teaching facilities -• Is minimum one hall for theory class and demonstration/ practice with minimum space of 24 sqft per student? • Is space for practice of Shat karma with required equipments and standard hygienic conditions? • Is the room(s) properly ventilated. Is sufficient toilet and drinking water facility available? • One room / space for Head of the Centre and for managerial / support staff.

• Wash rooms, dressing rooms and drinking water facility.

• Office of head of the institution.

Sl.	Documentation check list and verification	Reference	Remarks
No.		document name /	
	A 1	No.	
	Adequate faculty / staff rooms.  In the staff rooms are the staff rooms.		
	<ul> <li>Learning resources – Library, appropriate goods and equipments like mats,</li> <li>Public Addressing Systems like mike, etc</li> </ul>		
10.	Administrative, Management and Organisational Requirements		
10.	Policy documents: logo, its mission, vision, goal and policy document / objective of		
	its activities.		
	Organisation structure:		
	Defined duties, responsibilities and authorities of management, certification		
	personnel and any committee		
	Personnel responsible for following are specified:		
	<ul> <li>Policies and procedures relating to the operation</li> </ul>		
	<ul> <li>Implementation of the policies and procedures;</li> </ul>		
	<ul> <li>Maintaining budget and accounts</li> </ul>		
	<ul> <li>Resource Management - infrastructure, finance, man power;</li> </ul>		
	<ul> <li>Assessment activities;</li> </ul>		
	<ul> <li>Decisions on certification, including the granting, record keeping, recertifying,</li> </ul>		
	grievance redressal, suspending or withdrawing of the certification;		
	Minimum staff as prescribed in place and are aware of their role		
	• Minimum staff: 1 main Yoga teacher and 1 instructor for each batch of the course.		
	Hiring process with competence is well defined		
	Personnel records are maintained and updated		
	System in place to ensure no conflict of interest in assessment process.		
	Confidentiality and impartiality:		
	The organization has defined policy on confidentiality, impartiality, conflict of		
	interest		
	The process defined are followed in practice (any evidence for the same)		
	• Confidentiality and impartiality clause is included in the out sourcing of services		
	Sufficient housekeeping services available		
11.	Curriculum and syllabus		
	Courses offered in the Institution		
<b> </b>	Syllabus and courses		

Sl.	Documentation check list and verification	Reference	Remarks
No.		document name /	
	• Work plan	No.	
	<ul><li>Work plan</li><li>Time table for dissemination of the course</li></ul>		
12.	System for Assessment process		
12.	<ul> <li>The agency has a system - defined steps with timeline for taking up the assessment</li> </ul>		
	and the same has been followed		
	• System for administration of exams - issuing of Admit card, attendance sheet,		
	answer sheet management, selection of examiner, observer, Invigilator, evaluation of		
	sheets etc is in accordance with YCB guidelines		
	Nomination of Invigilators:		
	<ul> <li>Defined policy on engagement of invigilators, defined responsibilities, and</li> </ul>		
	qualifications of invigilators		
	Policy regarding conflict of interest in selection of invigilator		
	Empanelment / nomination of Examiners:		
	<ul> <li>Selection and approval processes for empanelment of examiners as per guidelines of YCB</li> </ul>		
	• Selection of examiner is keeping in view the languages of examination		
	• System for monitoring the performance, reliability of judgment of the examiners		
	<ul> <li>System in place of corrective action if deficiencies are found.</li> </ul>		
	Policy of conflict of interest of examiner		
	Rules and Regulations regarding conducting exams:		
	• The Rules and Regulations regarding conducting exams shall be well documented		
	detailing each and every step and proof of it being followed		
	System for ensuring transparency in declaration of results:		
	• Defined rules and regulations for evaluation of answer sheets, compilation of theory		
	and practical marks and proof of same being followed		
	• Guideline, rules and time lines for declaration of results and the gaps observed, if		
	any  Pamadial action taken if any		
	<ul><li>Remedial action taken, if any</li><li>Sample re-checking</li></ul>		
	<ul> <li>Sample re-checking</li> <li>Procedure for rechecking of results</li> </ul>		
13.	System for handling Complaints		
13.	Ease in lodging a complaint		
	Luse in roughig a complaint		45

Sl.	Documentation check list and verification	Reference	Remarks
No.		document name /	
		No.	
	Reliability on complaint handling system		
	• Competency or awareness of the designated officer in handling the complaint		
14.	Financial Stability		
	• Financial resource management – timeliness in making payments, banking		
	arrangement		
	• Adequate arrangements (e.g. insurance or reserves) to cover associated liabilities		
15.	Internal Audit and control		
	• Shall have in place internal control mechanism to keep a check on the process		
	followed vis a viz the rules and regulations		
16.	Control of records		
	<ul> <li>Sufficient infrastructure for storage and keeping the records</li> </ul>		
	<ul> <li>Provision for back up of data and software</li> </ul>		

sessment Team:
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3.	Name:	Signature:	Date:	
4.	Name:	Signature:	Date:	
	YC representative:			
Name:		Signature:	Date:	

## Weightage Chart for Parameter for Accreditation/ recognitions Yoga Institution

Name of the Institute:		
Type of Accreditation:		

S No.	Criteria	Weightage (w)	Maximum Marks	Marks awarded (m)	Weighted marks (wxm)	Remarks
1	Years of existence in the field of Yoga	5	10			
2	Years of experience in conducting Yoga education / training/ therapy courses	5	10			
3	No. of institutionally qualified yoga professionals at the time of applying.	5	10			
4	Infrastructure and other					
	facilities					
4.1	Space	5	10			
4.2	Infrastructure	10	10			
4.3	Learning Resources	5	10			
4.4	Environment	2	10			
4.5	Safety arrangement	3	10			
5	Teaching Staff					
5.1	No. of Teaching staff / Instructors/ trainers	10	10			
5.2	Qualification and competencies of teaching	10	10			
	staff					
6	Curriculum and Syllabus	,				
6.1	Compatibility of courses offered in the Institution to YCB certificates	10	10			
6.2	Dissemination of information on courses in public domain	3	10			
6.3	Work Plan & time table	5	10			
6.4	Communication process	2	10			
6.5	Admission process	4	10			
6.6	Feed back process	2	10			
6.7	Complaint handling	2	10			

	procedure				
6.8	Results of the institute and	2	10		
	its review				
7	Management structure				
	and policies				
7.1	Management, accounting and record keeping – management structure, policy documentation, defining of vision, values, philosophy, objectives and commitments of the institution, document retention, maintenance of accounts etc	6	10		
7.2	Financial resources stability	4	10		
	Total	100	200		

T (Total weighted marks) = [Sum of (w X m) / 10]

### Marks on any parameter should be awarded as follows:

- Fulfilling 100% to 90% of criteria 10-9 marks
- Fulfilling 90% to 75% of criteria 8-6 marks
- Fulfilling 75% to 50% of criteria 5-4 marks
- Fulfilling 50% to 30% of criteria 3-2 marks
- Fulfilling 30% to 10% of criteria 1 mark
- Fulfilling 10% to 0% of criteria 0 mark

Name of Expert:	Signature & Date
Name of Expert:	Signature & Date