

# Guideline for Yoga Professionals



## योग प्रमाणीकरण मंडल

### YOGA CERTIFICATION BOARD

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## Guidelines for Yoga Professionals

### 1. About Certification Program:

Ministry of AYUSH, Govt. of India established Yoga Certification Board for accreditation of PrCBs/Yoga Institutions/Cnetres for certification of Yoga professionals for bring synergy, quality and uniformity in knowledge and skills by training, prescribing syllabus for various levels of Yoga trainers and other such activities that may be considered necessary for promotion of Yoga. Professional assessment of these service providers are carried out so as to certify the competencies so that the user of the service is assured of the skill sets possessed by the trainer. This is voluntary certification program.

Yoga Certification Board in its objectives to bring synergy, quality and uniformity in knowledge and skills of Yoga professionals across the world has proposed to conduct the following certification programs under the two categories:

Types of Certification of Yoga Professionals under two categories	
Category: Yoga Education and Training	Category: Yoga Therapy
1. Yoga Volunteer	1. Assistant Yoga Therapist
2. Yoga Protocol Instructor	2. Yoga Therapist
3. Yoga Wellness Instructor	3. Therapeutic Yoga Consultant
4. Yoga Teacher & Evaluator	
5. Yoga Master	

1.1 **Certification process of Yoga Professionals:** Interested Yoga professionals can appear for YCB certification in two ways –

- (i) **Training and Certification:** YCB has accredited Yoga Institutions/Centres under various categories for training and certification of Yoga aspirants. Yoga aspirants can approach to the YCB certified Yoga Institutions/Centre for training to get required knowledge and skill and appear in the YCB exam for certification. They shall follow the required guidelines and process of the Yoga Institutions/Centres to take admission in the institute.
- (ii) **Certification:** YCB accredited professional institutions as a Personnel Certification Body (PrCB) to conduct YCB exam/assessment for certification of Yoga professionals. The Yoga professionals, who possess the required knowledge and skills, can appear directly in the YCB exam/assessment through Personnel Certification Body (PrCB) for certification.

1.2 **Type of accredited Institutions:** YCB accredited institutions under the following categories

- |   |                           |
|---|---------------------------|
| (i) Leading Yoga Institutions           | (ii) Yoga Institution     |
| (iii) Yoga Training Centre              | (iv) Yoga Training Centre |
| (v) Personnel Certification Body (PrCB) |                           |

## 2. Eligibility Criteria, Competencies and Functions of various certifications of Yoga Professionals:

Yoga Certification Board has started eight types of certification for Yoga professionals under two categories – (1) Yoga Education and Training, (2) Yoga Therapy. Eligibility Criteria, Competencies, Functions and Credit Points of the certification are as follows: Yoga Certification Board conducts eight types of certification under different categories. Brief details are -

Category: Yoga Education and Training						
Types of Certification	Eligibility criteria	Age	Competencies / Teaching Hours	Certificate holder can functions	Personal Attributes	Credit Point
1. Yoga Volunteer	Open for all. All individual can take part in the training program.	Upto 75 years	Equivalent to not less the 36 hours.	For promotion of well being of oneself and society at large; assist in conducting group classes for Yoga Volunteer, Yoga classes in the park, Yoga related IDY programs. Can be part of Fit India Movement. Can conduct Yoga break protocol in work places	-	-
2. Yoga Protocol Instructor	<ul style="list-style-type: none"> <li>- For admission in the course it is suggested/desired that the candidate should have passed 10 standard /secondary school certificate from a recognized board or equivalent. However, the Yoga Institutions can define their own eligibility.</li> <li>- Open Candidates: There are no eligibility criteria for candidate. The Yoga professionals who have knowledge and skill, can appear for certification through PrCBs.</li> </ul>	No age limit	Not less than 200 hours or not less than 3 months as part time or not less than 1 month as full time course.	Yoga Instructors for teaching basics of Yoga to teach Common Yoga Protocol developed by the Ministry of AYUSH for International Day of Yoga. For classes in parks, societies etc., for prevention of diseases and promotion of health.	The job requires individual to have good communication skills, time management skills and ability to understand the body language of the trainees. The job requires individual to possess key qualities such as self-discipline, confidence, maturity, patience, compassion, active listening, time management, empathetic, language proficiency.	12

3. Yoga Wellness Instructor	<ul style="list-style-type: none"> <li>- For admission in the course it is suggested/desired that the candidate should have passed 12<sup>th</sup> Standard / Higher Secondary School Certificate from a recognized board or equivalent. However, the Yoga Institutions can define their own eligibility.</li> <li>- Open Candidates: There are no eligibility criteria for candidate.</li> </ul>	No age limit	Not less than 400 hours or not less than 6 months as part time or not less than 3 months as full time course.	Yoga Instructor to teach Yoga for prevention of illness and promotion of wellness in schools, Yoga studios, work places etc.		24
4. Yoga Teacher and Evaluator	<ul style="list-style-type: none"> <li>- For admission in the course it is suggested/ desired that the candidate should be graduate in any stream from a recognized University or equivalent. However, the Yoga institutions can define their own eligibility.</li> <li>- Open Candidates: There are no eligibility criteria for candidate.</li> </ul>	No age limit	Not less than 800 hours or not less than 15 months as part time or not less than 9 months as full time course.	Master Trainers in Yoga educational institutions, Yoga training courses and training programs. He or she can also act as evaluator and assessor of Yoga professionals. Can teach in studios, institutions, colleges / universities / institutions of higher learning.	The job requires individual to have good communication skills, time management skills and ability to understand the body language of the trainees. The job requires individual to possess key qualities such as self-discipline, confidence, maturity, patience, compassion, active listening, time management, empathetic, language proficiency, engaging with students, dedication to teaching, ability to build caring relationships with students, friendliness and approachability, Independent, credible, analytical skills etc.	46
5. Yoga Master	<ul style="list-style-type: none"> <li>- For admission in the course it is suggested/ desired that the candidate should be graduate in any stream from a recognized University or equivalent. However, the Yoga Institutions can define their own eligibility.</li> <li>- Open Candidates: There are no eligibility criteria for candidate.</li> </ul>	No age limit	Not less than 1600 hours.	Will act as Master Educator / Trainer in Yoga educational programs & skilled professionals can teach, evaluate & assess for all levels & will be a guiding force.		92

**Category: Yoga Therapy**

Categories	Eligibility criteria	Age	Teaching Hours	Functions	Personal Attributes	
6. Assistant Yoga Therapist	- 10+2 pass  - Open Candidates: There are no eligibility criteria for candidate.	No age limit	Not less than 400 hours (Contact program for 100 hrs. to be conducted on Anatomy, Physiology).	Can work under supervision of certified physician or certified Yoga Therapist & Yoga Consultant on specific disorders.	Good communication skills, time management and ability to understand the body language of the trainees.	24
7. Yoga Therapist	- Any Degree holder  - Open Candidates: There are no eligibility criteria for candidate.	No age limit	Not less than 800 hours (Contact program for 100 hrs. to be conducted on Anatomy, Physiology).	Can work along with certified physician or certified Therapeutic Yoga Consultant to give Yoga Therapy on all disorders	Good communication skills, time management and ability to understand the body language of the trainees. Self discipline confidence, maturity, patience, compassion, active listening, empathetic, and proficiency in language.	46
8. Therapeutic Yoga Consultant	Medical Professional or Masters in Yoga. (For Yoga professional medical knowledge is required and vice versa)	No age limit	Not less than 1600 hours (Contact program for 100 hrs. to be conducted on Anatomy, Physiology)	Can practice Yoga for treatment of diseases in medical setups or independently. He should be a registered medical practitioner in any stream with Yoga Therapy.		92

**Note:** *Open Candidate* – The Yoga professionals who do not belong to the YCB certified Yoga Institutions / Centres are considered as an open candidate. The Yoga professionals, who have knowledge and skill, can appear for YCB certification through PrCBs.

### **3. Assessment procedure for certification of Yoga Professionals.**

- 3.1 Assessment and skill test of Yoga professionals shall be based on the syllabus approved by YCB for various certifications.
- 3.2 Assessment of Yoga Professionals under all the type of certification except Yoga Volunteer will be in two stages – Theory and Practical.
- 3.3 Assessment of Yoga professionals appearing for certification under Yoga Volunteer will be based on Theory only.

#### **Theory Exam**

- 3.4 Number of questions will be equally divided in all the units and sub units.
- 3.5 The theory exam will be base on objective type question and comprise of Multiple Choice questions (MCQ).
- 3.6 Theory exam paper of Yoga Professionals will be bilingual – English & Hindi. For exam in other language, the question paper will be in English and other language of exam.
- 3.7 The candidates shall mark the answer in Optical Mark Reader (OMR) sheet.
- 3.8 If error is observed in the question in Hindi or other languages, the question asked in English languages shall be considered the correct question.
- 3.9 If some error is observed in the question paper, it shall be referred to the competent authority and competent authority shall take a view on it and take required measures and / or decide on grace marks.
- 3.10 Theory question will for 1 mark each. There is no negative mark in the theory examination.
- 3.11 The candidate has to return both question paper and OMR sheet to the invigilator/center-in-charge after completing the paper and/or after the examination time.

#### **Practical / Skill Test**

- 3.12 For practicum, each candidate shall be assessed for not more than one hour. Duration of the practical assessment will however be at the discretion of the assessor to conclude the skill test within the maximum time as mentioned above.
- 3.13 Practical test includes Demonstration, Teaching skill, Therapy skill, Evaluation skill, application of knowledge and field Experience as per the categories of certification.
- 3.14 Yoga professionals shall show their experience in conducting training program before the examiner. The candidate shall show his/her report along with photograph of the training program conducted by them and feedback form as experience as trainer (**Format enclosed as Annexure- A**). The Yoga professionals shall provide filled experience details in the in the prescribed format enclosed as **Annexure-B**.

**4. Assessment pattern:** Assessment pattern under various types of certification is as follows-

Name of Certification	Max. Marks (Theory)	Practicum Marks						Max. Marks (Theory + Practical)	Duration (Theory Exam)	Passing Marks
		Demonstration	Teaching skill	Evaluation skill	Application of Knowledge	Field exp.	Max. Marks (Practical) Total			
Yoga Volunteer	-	-	-	-	-	-	-	-	-	70% in each (Theory & Practical)
Yoga Protocol Instructor	60	80	40	-	10	10	140	200	2 hrs.	
Yoga Wellness Instructor	60	80	40	-	10	10	140	200	2 hrs.	
Yoga Teacher & Evaluator	80	60	20	20	10	10	120	200	2 hrs.	
Yoga Master	120	15	15	20	20	10	80	200	2 hrs.	
Assistant Yoga Therapist	60	80	20	-	30	10	140	200	2 hrs.	
Yoga Therapist	100	30	20	20	20	10	100	200	2 hrs.	
Therapeutic Yoga Consultant	140	10	10	15	15	10	60	200	2 hrs.	

**Note:** Multiple Choice Questions (MCQ) will be for 1 mark each.

Theory shall cover the following units of syllabus under different types of certification for Yoga Professionals:

Name of Certification	Name of Units			
Yoga Protocol Instructor	Introduction to Yoga and Yogic Practices	Introduction to Yoga Texts	Yoga for Health Promotion	-
Yoga Wellness Instructor	Introduction to Yoga and Yogic Practices	Introduction to Yoga Texts	Yoga for wellness	
Yoga Teacher & Evaluator	Foundation of Yoga	Introduction to Yoga Texts	Yoga and Health	Applied Yoga
Yoga Master	Philosophical Foundation of Yoga	Principles and Practices of Yoga in Traditional Texts	Allied Science	Applied Yoga
Assistant Yoga Therapist	Basic Principles of Yoga Therapy	Yoga Therapy in Traditional Yoga Texts	General Anatomy and Physiology	Yoga and Allied Science
Yoga Therapist	Yoga and Human Body	Fundamental Principles of Yoga Therapy	Application of Yoga Therapy in Traditional Yoga Texts	Physiological and Psychological Effects of Hatha Yoga Practices
Therapeutic Yoga Consultant	Therapeutic Approach of Yoga Therapy in Classical Yogic Texts	Principals of Yoga Therapy	Anatomy, Physiology and Psychology Foundations	Yogic Concept for Management of Diseases
Yoga Volunteer	Topics cover in the Common Yoga Protocol developed by Ministry of AYUSH along with Neti, Tratak, Ujjaye Pranayam	Classes related to life management and preventive health.	-	-



**5. Qualifying Certification Exam:** The candidate has to secure qualifying marks both in theory and practical independently.

- 5.1 The candidate has to secure 70% marks in each of the theory and practical separately to qualify/pass the assessment test. However maximum 5% of grace marks will be given either in theory or practical who can qualify/pass the exam. In case marks are in decimal figure, it shall be rounded off to higher number.
- 5.2 The students who have done PG, M.Sc. in Yoga from the YCB accredited institute and appearing for Yoga Master Certification shall get 10 marks exemption in field experience on producing certificate from the institute.
- 5.3 Candidate absent in either theory exam or practical/skill test will be considered as fail.
- 5.4 If a candidate present in theory exam but unable to or does not present in practical/skill test, he/she has to inform to the concern institution for appearing in the practical / skill test in the next scheduled date & time well in advance with valid reason / unavoidable circumstances. If the candidate unable to do so will be considered fail. The assessing institution may consider the request of the candidate in exceptional case on merit basis.
- 5.5 If the candidates secures qualifying marks in practical test but fails in theory, he/she can reappear in theory exam only once within 3 month from the declaration of result. The candidate shall have to deposit the prescribed fee for appearing in the theory exam.
- 5.6 If the candidate secures qualifying marks in theory but fails in practical, he/she will be considered as fail. The candidate shall apply for certification as fresh candidate. In such condition, the candidate shall pay full assessment fee as decided by the concern institution. They do not have to pay enrolment fee for the particular types of certification. His/her unique enrolment no. shall be valid for life time.

**6. Re-checking of Marks:**

- If candidate is not satisfied with the result, he/she can request the concern PrCBs / Yoga Institution for re-checking of theory answer sheet (OMR) within 15 days from the date of declaration of result.
- If the candidate is still not satisfied, he/she can request the concerned PrCB/ Institution for re-checking of the answer sheet in his / her presence. The concerned agency shall arrange the OMR sheet and question paper in the presence of examiner on receipt of the prescribed fee.
- Re-checking is limited to the calculation of marks.
- The candidate shall pay the prescribed re-checking fee to the concern institution for rechecking. Request for re-checking of answer sheet will be considered after receiving the requisite fee.
- In no case, the candidate is allowed to take the question papers/ OMR sheet or its copy along with him/her.
- The concerned PrCB / Yoga Institution will response within 30 days from the date of request for re-checking.

## 7. Issuing/Re-issuing Certificate:

- 7.1 The successful / passed candidates shall be issued Certificate and ID card with unique number by the YCB.
- 7.2 The Certificate in hard copy shall be issued to the qualified candidates. The Certificates issued will bear a unique certificate no. and security enabled QR code. Passed candidate will be able to download digital certificate through his/her login once it is enabled.
- 7.3 The successful / passed candidates shall request to YCB through their concerned institution for re-issuing certificate. The candidate shall pay fee for re-issuing certificate.

## 8. Validity of Certificate: Validity of the certificate will be counted from the date of declaration of result. Validity of the certificate under different categories will be as per the following:

Name of certification	Validity
Yoga Volunteer	5 Years
Yoga Protocol Instructor	5 Years
Yoga Wellness Instructor	5 Years
Yoga Teacher & Evaluator	5 Years
Yoga Master	5 Years
Assistant Yoga Therapist	5 Years
Yoga Therapist	5 Years
Therapeutic Yoga Consultant	5 Years

(Effective date: 27 February 2020)

## 9. Renewal of Certificate:

- 9.1 The candidate, certified under different types of certification, has to appear in the Continuing Yoga Education (CYE) program for renewal of his/her certificate.
- 9.2 Certified Yoga Professionals shall have to attend the CYEP before expiry of the certificate for its renewal.  
(Refer to CYE program guidelines for appearing more details).

## 10. Application procedure for certification of Yoga Professionals

### Application Form Filling:

- 10.1 All Yoga aspirant / professionals (students of YCB accredited Yoga Institutions/Centres and open candidate), who wish to get YCB certificate certify need to fill application form online along with requisite information on YCB website 'yogacertificationboard.nic.in'.
- 10.2 Applicant of YCB accredited Yoga Institutions / Centres shall fill online application form on the YCB website through their respective Institutions.
- 10.3 The applicant does not belong to the YCB accredited Yoga Institutions / Centres are considered under Open Candidate.

- 10.4 The applicant needs to follow two stages to go through or appearing in the assessment for all types of certification -
- Stage 1: Enrolment with Yoga Certification Board (YCB) and
  - Stage 2: Application / selection of institution for appearing in the examination.

Steps for appearing in the examination of Yoga professionals enclosed as **Annexure-C**

- 10.5 Applicant needs to complete the Stage-1 of the Application Form and submit online along with the requisite documents and prescribed enrolment fee.
- 10.6 Second stage of the application process needs to be filled when the candidate is willing to take up the assessment. The candidate at this stage needs to choose the category of certificate, date of assessment, preferred city for assessment, the assessing agency (accredited PrCB, Yoga Institutions/centres) etc. The applicant also has to deposit the assessment fee. Acknowledgement of the receipt of application form and fee will be sent to the applicant.
- 10.7 The applicant shall, along with the application, declare any pending judicial proceedings relating to his conduct and any pending proceedings by any regulatory body. The applicant shall also declare any instances of discomfort /disability caused to any of his students in the past. Application from such an applicant shall not be entertained.
- 10.8 Candidate shall declare if he/she has been an applicant or certified under this scheme by any other PrCB and YCB's recognized Institutions. He/she shall provide details of status of application/certification and period of certification. The PrCB/Institutions may verify the information by contacting the concerned Institutions.

## **11. Fee for enrolment and assessment of Yoga Professionals:**

- 11.1 The Yoga Certification Board recommend fee for enrolment and Examination to be charged from candidates for certification under various categories of certification
- 11.2 Enrolment fee is fixed, whereas examination fee shall be fixed by the institution conducting examination. Therefore, examination fee may vary institution to institution.
- 11.3 Enrolment fee is onetime fee for the applied type of certification and is valid for life long for that certification. If he/she wishes to appear for other type of certification, they have to pay enrolment fee of that certification.
- 11.4 If the candidate fails and wishes to reappears in the same examination with the same institution or other institution, he/she does not have to pay enrolment fee.
- 11.5 Enrolment fee once paid shall not be refunded in any case/circumstances.
- 11.6 If at any exam centre location, total count of enrolled paid applicant falls below 30, then the assessing agency reserves the right to cancel that location and conduct the exam at other location or on some other date. The candidate will be intimated about the same and the candidate can either accept the request for change of location / date or can ask for full refund of assessment fee.
- 11.7 If the institution does not conduct certification examination within 3 months' time period from the date selected by the candidates for assessment, the candidate can request for refund of its full assessment fee.

11.8 In case the assessing agency is unable to conduct examination at the center selected by the candidate for re-appearing within 3 months from the date of request for re-appearing, the concerned assessing agency shall facilitate the candidate in appearing in the examination conducted in other nearby center or through other assessing agency. If such facilitation does not work or is not acceptable to the candidate, the candidate can ask for fully return the fee paid to the assessing agency.

11.9 The assessment /Exam fee shall not be refunded once admit card is issued.

11.10 Fee structure under various types of certification are-

Certification Name	For Indian candidates		For foreign candidates	
	Enrolment fee (in ₹)	Recommended Exam fee (in ₹)	Enrolment fee (in USD \$)	Recommended Exam fee (in USD \$)
YV	250	-	25	-
YPI	1000	1000	100	200
YWI	1500	1500	150	350
YT&E	2000	3000	200	400
YM	2500	5000	300	500
AYTh	1000	2000	200	400
YTh	2500	5000	300	500
ThYC	5000	10000	400	600

*Suitable fee concession in the enrolment fee as per extant guidelines of Govt. of India may be given.*

## 12. Fee of re-checking:

12.1 Rs. 1,000/- for re-checking in absence of candidate

12.2 Rs. 3000/- for re-checking in presence of candidate and examiner

## 13. Enrolment Number

13.1 The applicant shall follow the application process and other rules and regulations while enrolling for any types of YCB certification and processing the application.

13.2 On successful enrolment with YCB, the candidate will be provided a unique enrolment number which will be valid for life long and will be reference for any future requirement.

13.3 Acceptance of application is subject to scrutiny of the documents submitted along with the application form. YCB shall complete the scrutiny process within 7 working days. In case of any gap/ discrepancy, the same shall be intimated to the candidate through mail/ telephonic message.

13.4 Enrolment no. of the candidate will be same if the candidate applies for other types of YCB certification.

## 14. Rejection of application: The application can be cancelled under following circumstances

14.1 If the applicant does not provide the required information within 7 working days from the date of intimation to the applicant;

14.2 The application shall be rejected, if it is found that the information provided is incorrect.

- 14.3 The applicant, whose certificate was cancelled / application rejected because of violation of terms & conditions and/or malpractice during exam shall not be eligible to apply.

**15. Cancellation / suspension / debarment from certification of YCB Yoga Professional**

- 15.1 If the candidate is found engaged in malpractice in the examination, his/her application shall be rejected.
- 15.2 If the given information in the application form is found incorrect at any point of time.
- 15.3 The candidate shall be debarred /suspended from appearing in the certification examination of Yoga Professionals for 3 years.
- 15.4 If any evidence of misconduct is observed during examination the candidate will not be allowed to appear for 3 years in any of the assessment for certification for Yoga Professionals conducted under YCB.

**16. Appearing in the Assessment/Examination**

- 16.1 The candidate shall have to appear for theory and practical exam at the allocated exam centre well before the scheduled time preferably one hour before.
- 16.2 The candidate shall not be allowed if he/she reached at the centre after 15 minutes from the scheduled time.
- 16.3 Requests to change of location/ date by the candidate after issuance of admit card will generally not be considered. In exceptional cases, the assessing agency may consider the request on merit basis and the assessing agency will exercise discretion in such cases.
- 16.4 The candidate will be issued admit card to the candidate at least one week in advance. The candidate can download the admit card from YCB website through his/ her login ID.
- 16.5 If the candidate does not receive admit card one week before, he/she has to contact to the concerned institution.
- 16.6 The candidate shall carry admit card and valid ID card, Pen along to appear in the exam.

**17. Result Declaration:**

- 17.1 Result of the exam shall be declared within 30 days of conduct of exam.
- 17.2 Candidate can view result on YCB website as well as concerned assessing agency's website. The candidate can view and download his/ her result.

**18. Communication / enquiry process:**

- 18.1 Candidate can communicate with the concerned institution for all types of queries related to certification, examination, admit card, result declaration, certificate etc.
- 18.2 Contact details of the institutions are available on YCB website and the concern institution website.
- 18.3 If the candidate is not satisfied with the reply of the institution or unable to get required information, he/she may contact to YCB enclosing details of communication with the institutions.

**FEEDBACK FORM AS EXPERIENCE AS TRAINER**

**Name of the trainer / Yoga Professional:** .....

**Trainee Details:**

- 1. **Name :** .....
- 2. **Address:**.....
- 3. **Email Id:** .....
- 4. **Phone / Mobile Number:** .....
- 5. **Period of Yoga Training/ practice**  
**From:**..... **To** ..... **Total No. of days** .....
- 6. **Mode of training: Home based/ Park/ Society/ Corporate / Any other**  
.....
- 7. **Reason for taking up Yoga Practice/ Training:** .....
- 8. **Feedback about the Yoga Trainer/ Instructor :** .....
- .....
- 9. **Please mark the trainer out of 10:** .....

**(Signature):** .....

**Date:** .....

**Name of trainee** .....

**FORMAT FOR FIELD EXPERIENCE OF YOGA PROFESSIONALS**

1. Name of Yoga Professionals:

\_\_\_\_\_

2. Mobile No.: \_\_\_\_\_ 3. Email ID:

\_\_\_\_\_

4. Current category of certification: \_\_\_\_\_

5. Details of the experience related to Yoga Teaching and Training:

**A. Persons Trained**

Sl. No.	Financial Year	No. of persons trained	Mode of training (Multiple modes can be selected for a year)	Remarks
			Home based <input type="checkbox"/> Park <input type="checkbox"/> Society <input type="checkbox"/> Corporate <input type="checkbox"/> Any other .....	
			Home based <input type="checkbox"/> Park <input type="checkbox"/> Society <input type="checkbox"/> Corporate <input type="checkbox"/> Any other .....	

Total persons trained: \_\_\_\_\_

**B. Working experience with organization**

Sl. No.	Name of the Organization / Institution	Post held	Mode of working (Full time / part time / voluntary)	From date	To date	Experience in hours	Roles & Responsibilities

Total experience ..... hours

**C. Yoga Camps**

Sl. No.	Name of the camp	Post held	Mode of working (Full time / part time / voluntary)	From date	To date	Experience in hours	Roles & Responsibilities

Total No. of Camps .....

**Signature of candidates**

**Authorized Signatory of Institute**

**Date:** \_\_\_\_\_

**Date:** \_\_\_\_\_

*Note: Open candidate does not required signature of authorized signatory of institute.*



**Steps for appearing in the examination of Yoga Professionals**

- 1 • Go through the guidelines and syllabus of the various levels of certification
2. • Filling of prescribed application form (part 1) and depositing the enrolment fee (unique enrolment number is issued)
3. • Intimation of Gap/ discrepancy, if any to candidate
- 4 • Completion of all pending documentation, if any
- 5 • Selection of assessing agency, assessment city, date of assessment etc PrCB to appear in written and practical
- 6 • Deposit the assessment fee
- 7 • Acknowledgement of receipt of application and fee
- 8 • Issuing of Admit card
- 9 • Conduct of exam – theory and practical
- 10 • Declaration of result
- 11 • Issuing of Certificate