



From Dr. W. Selvamurthy,  
Chairperson of Technical Committee

Yoga Is an ancient India wisdom which can bring a new world order with global harmony, peace, health and happiness. It is originated in our country 5000 years ago. It has evolved to have many sects like Raja Yoga. Gyan, Yoga, Bhakti Yoga and Karma Yoga. Yoga can unite Body, Mind and Spirit of human evolution.

There are many controlled scientific research and studies to illustrate the prophylactic, promotive and curative potentials of Yoga. There are more than a few hundreds of Yoga Centres, thousands of Yoga practitioners and Therapists in our country. To bring quality and standards in Yoga Education, Training, Practice and Therapy, Government has taken the right initiative to establish Yoga Certification Board (YCB) which has been established under the aegis of Morarji Desai National Institute o Yoga. The aim of YCB is to promote and propagate Yoga in a professional way. Since the Government of India has taken Yoga into global level declaring International Day of Yoga on 21<sup>st</sup> June, 2019, many Yoga centres across the globe have been rejuvenated to promote Yoga at global level. This newly established YCB will help to give impetus to the promotion of Yoga at global level in a systematic way. I would request Yoga fraternity and Yoga aspirants to associate and support with YCB for betterment of human life.

I am honoured to associate with YCB in this noble initiative.

Dr. W. Selvamurthy,  
President,  
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